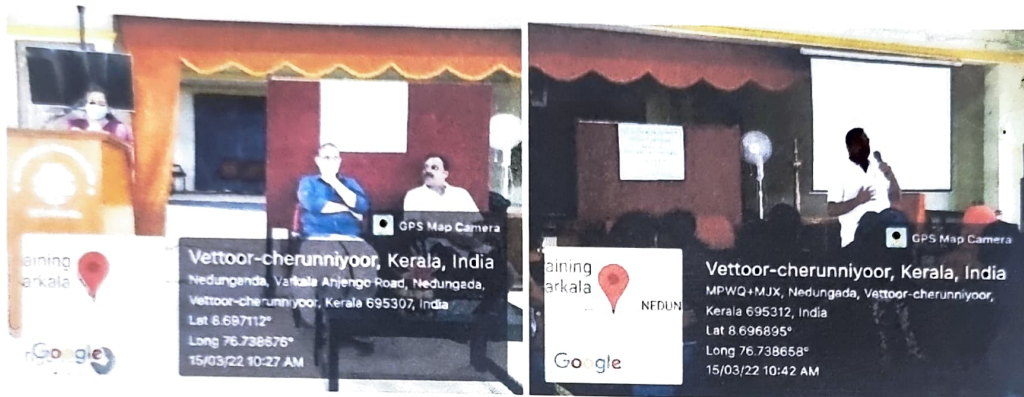


**SREE NARAYANA TRAINING COLLEGE, NEDUNGANDA**  
**CAPABILITY BUILDING AND SKILL ENHANCEMENT INITIATIVES**  
**Photos of each Capability Building and Skill Enhancement Initiative Adopted**

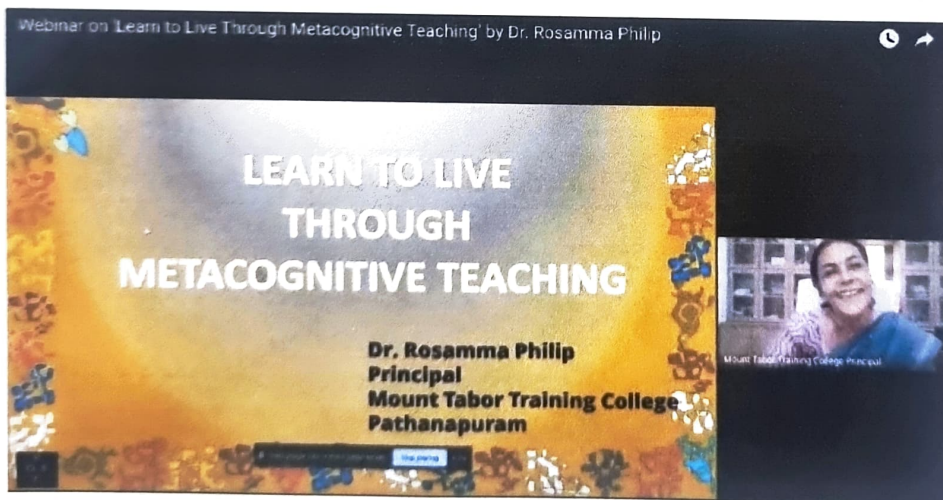
**2021-2022**

**1. CAREER AND PERSONAL COUNSELLING**

**KTET, CTET, NET Orientation by Teachers on 15<sup>th</sup> March 2022**

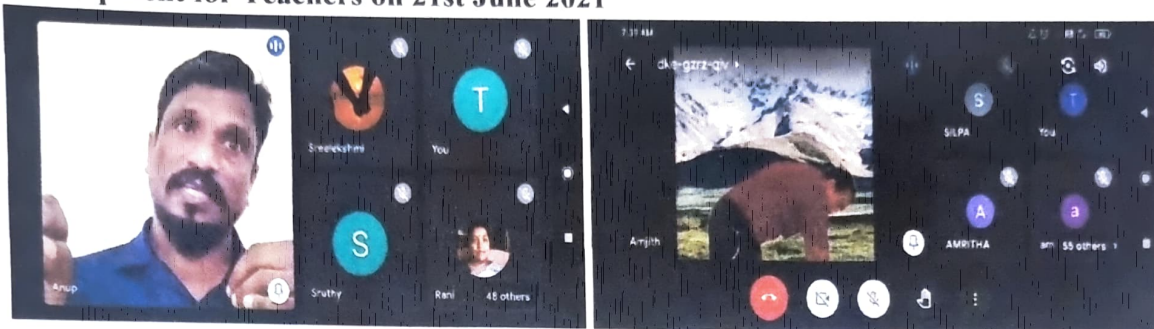


**Resource Talk on 'Learn to Live Through Metacognitive Teaching' on 7 July 2021**



*Sree Narayana Training College  
Nedunganda*

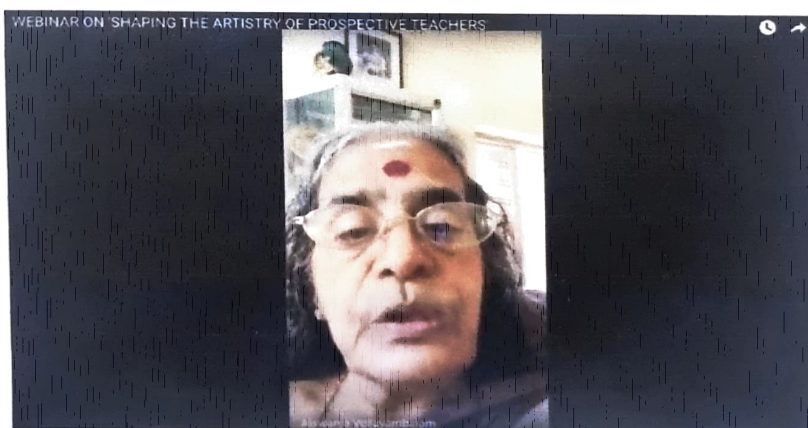
**International Webinar on Yoga as a Tool for improving Lifestyle and Personality Development for Teachers on 21st June 2021**



**Resource Talk on 'Constitutional Morality and Justice', organised by Department of Education, UBA Cell & IQAC, SNTC on 10 June 2021**



**Resource Talk on 'Shaping the Artistry of Prospective Teachers' on 14 July 2021**

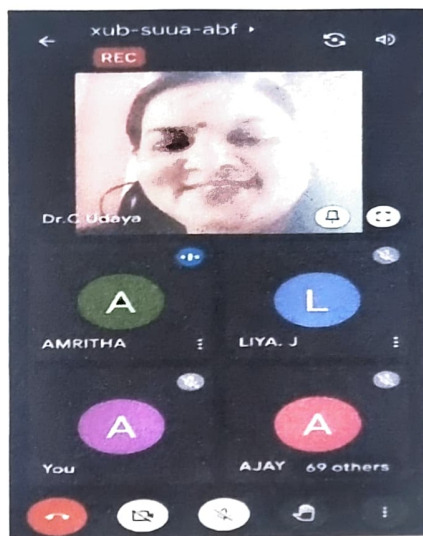


*[Handwritten signature in blue ink]*

*Principal*  
**Sree Narayana Training College**  
**Nedunganda**



**National Webinar on the topic 'Health and Education: Women Win the Race' organised By Health Club & Literary Club, SNTC, in connection with World Population Day on 10 July 2021**



**Webinar On 'Entrepreneurship Education: A Roadmap for Moulding Unique Human Task Force' on 16 October 2021**

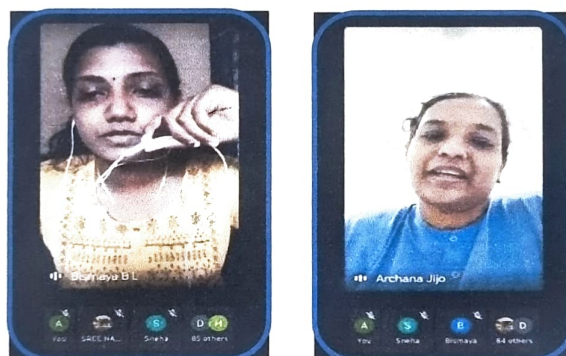


*Principal*  
**Sree Narayana Training College**  
**Nedunganda**

**Youth Empowerment Programme led by Sri. Brahma Nayakam Mahadevan,  
International Motivational Trainer on 12 January 2022**



**Webinar on 'Awareness on Cancer' organised by Health Club, SNTC on 04 February 2022**



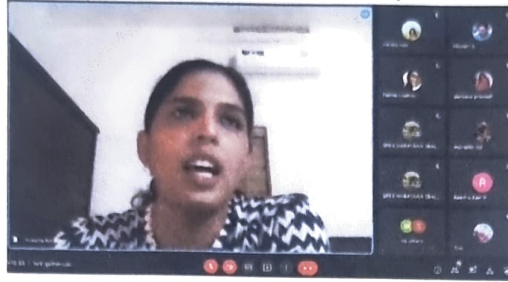
**Resource Talk on 'Role of Teachers in Protecting Child Rights and Juvenile Justice'  
organised by Human Rights Club on 21 February 2022**



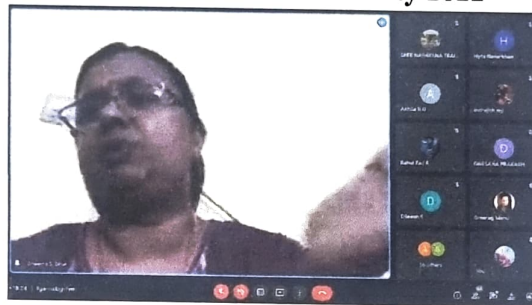
*[Signature]*  
Principal  
Sree Narayana Training College  
Nedunganda



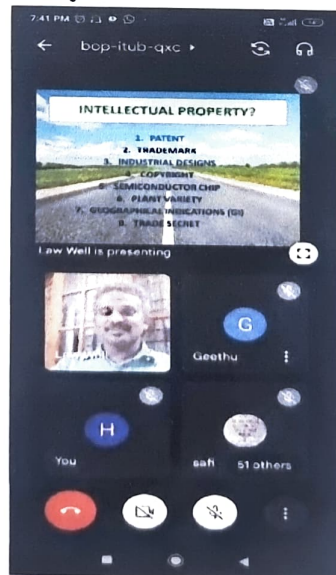
**National Webinar on Gender Sensitisation on Domestic Violence Against Women as part of 'Prabuddha- Embracing the New Normal' on 16 May 2022**



**National Webinar on Fundamental Aspects of Constitutional Law as part of 'Prabuddha- Embracing the New Normal' - Webinar Series on 19 May 2022**

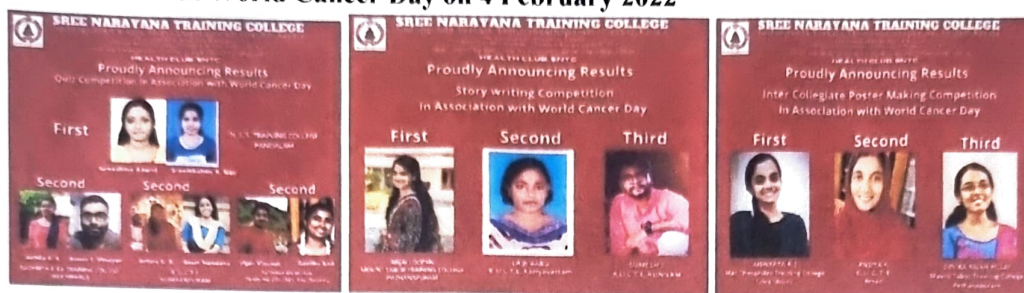


**Report on National Webinar on Intellectual Property Rights in association with Centre for Constitutional Literacy, Chirayinkeezhu as part of 'Prabuddha- Embracing the New Normal' - Webinar Series on 26 May 2022**



*Principal*  
*Sree Narayana Training College*  
*Nedunganda*

## Intercollegiate Quiz Competitions, Poster Making Competitions, Story Writing in connection with World Cancer Day on 4 February 2022



## 2. SKILL ENHANCEMENT IN ACADEMIC, TECHNICAL AND ORGANIZATIONAL ASPECTS

### a) Academic Aspects

## Curriculum Enrichment Programme- Dealing the Difference for Student Teachers on 4 June 2021



*Principal*  
**Sree Narayana Training College**  
**Nedunganda**



## Workshop on 'Fostering Life Skills' on 19<sup>th</sup> November 2021



## Intercollegiate Essay Writing Competition in Connection with International Education Day on 27<sup>th</sup> January 2022

### SREE NARAYANA TRAINING COLLEGE

NEDUNGANDA VARKALA, THIRUVANANTHAPURAM - 695307, KERALA  
(Affiliated to University of Kerala and Recognized by NCTE, By Accredited by NAAC  
with 'B' Grade, Recognized by UGC under 2(F) & 12 (B))  
E-mail: sntrned@gmail.com, Web: sntrainingcollege.edu.in



Internal Quality Assurance Cell (IQAC)

#### Intercollegiate Essay Writing Competition

In connection with International Education Day-2022

#### Topic

ROLE OF TEACHERS IN THE CHANGING EDUCATIONAL  
SCENARIO

#### RESULT

##### 1<sup>st</sup> Prize



Ms. Linra M. John  
Titus II Teachers College Thiruvalla

##### 2<sup>nd</sup> Prize



Ms. Sukanya Sasidharan  
KLCET, Kattappuram, Trivandrum

##### 2<sup>nd</sup> Prize



Ms. Anila  
Titus II Teachers College Thiruvalla

##### 3<sup>rd</sup> Prize



Ms. Resmi G. Dileep  
Valayam Memorial College of Teacher Education,  
Kullatt

##### 3<sup>rd</sup> Prize



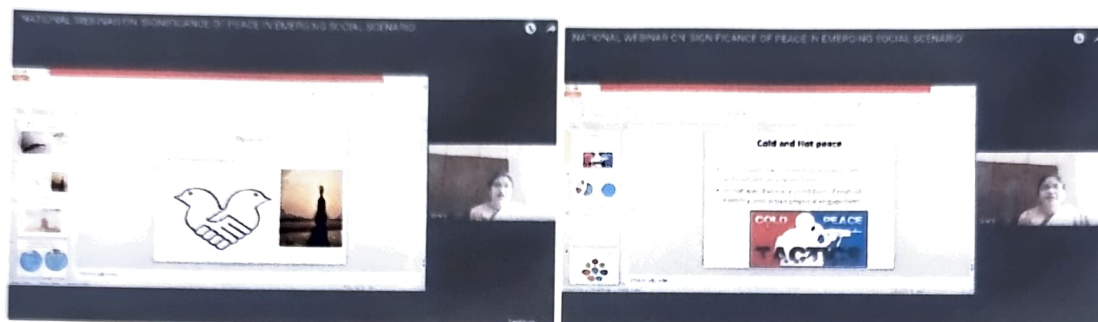
Ms. Surathy Vijayan P  
KLCET, Kattappuram, Trivandrum

Organizing Committee, IQAC,  
Sree Narayana Training College,  
Nedunganda.



*Principal*  
Sree Narayana Training College  
Nedunganda

**National Webinar on 'Significance of Peace in Emerging Social Scenario'- Resource Talk by Dr. Maya S. Assistant Professor in Education, Mar Theophilus Training College, Thiruvananthapuram on 29 September 2021**



**Debate on 'What are the Basic Rights of a Child and How Can These Be Protected?' on 30 January 2022**



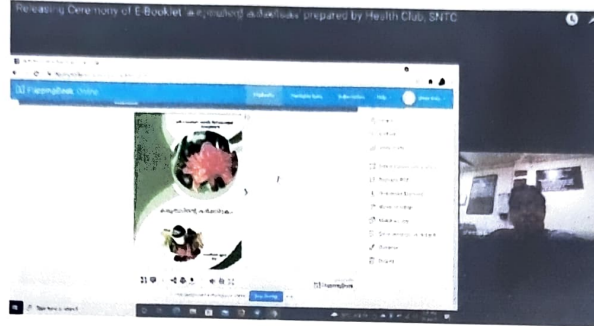
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*Principal  
Sree Narayana Training College  
Nedunganda*



b) Technical Aspects

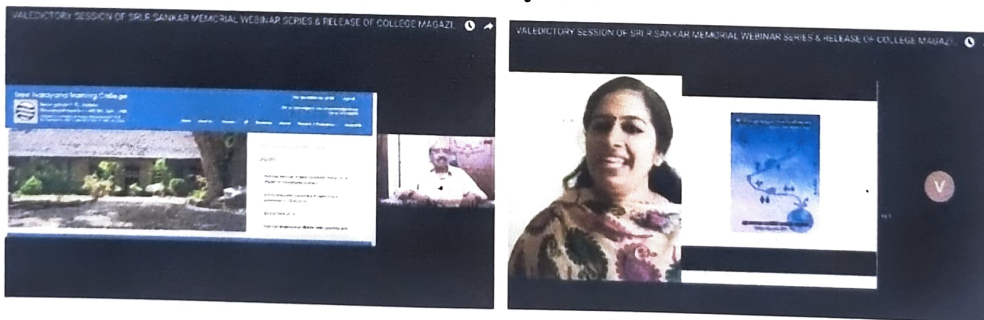
**കരുതലിന്റെ കർക്കിടകം - E-booklet prepared by the students in Health Club, SNTC on 28 July 2021**



**Awareness Video on Plastic Pollution on 3 July 2021**



**College Magazine "Jeevithachurulukalkkidayiloode"**



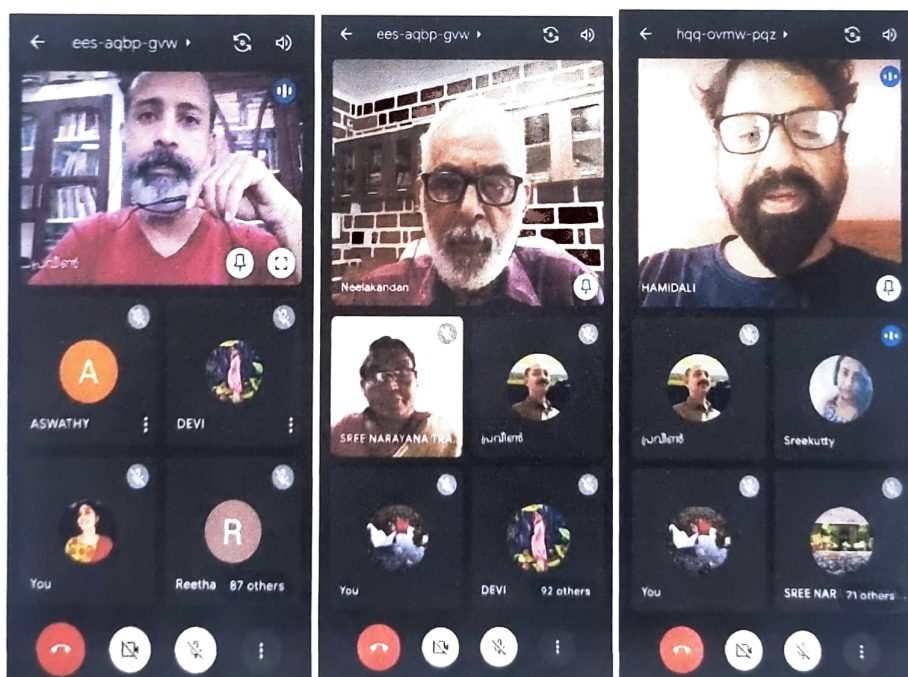
Principal  
Sree Narayana Training College  
Nedunganda

### c) Organisational Aspects

**Intercollegiate Competitions for Training Colleges organised by Health Club, SNTC, in connection with World Cycling Day & World Environment Day**



**Environmental Week Celebration organised by Sooryakanthi Nature Club and Bhoomithrasena Club, SNTC, in connection with World Environment Day from 6 June 2021 to 12 June 2021**



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**Nedunganda**



## Competitions in connection with National Reading Day on 19 June 2021



## Intercollegiate and Interschool Competitions organised in connection with International Plastic Bag Free Day on 1 July 2021

**SREE NARAYANA TRAINING COLLEGE**  
NEDUNGANDA, VARKALA  
**PHYSICAL SCIENCE ASSOCIATION**  
**PARODY SONG COMPETITION**  
**WINNERS**

**FIRST PRIZE**

**SECOND PRIZE**

**THIRD PRIZE**

**CONGRATULATIONS**

**SREE NARAYANA TRAINING COLLEGE**  
NEDUNGANDA, VARKALA  
THIRUVANANTHAPURAM - 695307  
**Physical Science Association**  
**Intercollegiate Essay Writing**  
**Competition(English)**  
Theme: A Day Without Plastic.  
**WINNERS**

**1st** **Navami S.**  
SNTC, Poochakkal

**2nd** **Joncy Grace Mathew**  
KUCTE, Kulakkada

**3rd** **Lumitha Bai B.**  
PKM College of Education,  
Madampam

**CONGRATULATIONS**

**SREE NARAYANA TRAINING COLLEGE**  
NEDUNGANDA, VARKALA  
THIRUVANANTHAPURAM - 695307  
**Physical Science Association**  
**Intercollegiate Essay Writing**  
**Competition(Malayalam)**  
Theme: A Day Without Plastic.  
**WINNERS**

**1st** **Shary Henry**  
Fathima Memorial Training  
College, Pallimukku, Kollam

**2nd** **Surya S.**  
SNTC, Sreekanthaswaram,  
Poochakkal

**3rd** **Amalda Mathew**  
CUTEC, Kaniyambatta, Wayanad

**CONGRATULATIONS**

**SREE NARAYANA TRAINING COLLEGE**  
NEDUNGANDA, THIRUVANANTHAPURAM  
695307  
**PHYSICAL SCIENCE ASSOCIATION**  
**QUIZ BUZZ**  
NO PLASTIC DAY QUIZ COMPETITION EXCLUSIVELY FOR  
SCHOOL STUDENTS FROM CLASSES 8 TO 12  
**WINNERS**

**FIRST** **FATHIMA N S**  
SSSVN,  
CHIRAIKKEEZHU  
THIRUVANANTHAPURAM

**SECOND** **M S KARTHIKEYAN**  
JYOTHI PUBLIC SCHOOL,  
KALAMILE  
ALUVA

**THIRD** **SREELEKSHMI V V**  
PARIKALP  
KOLLAM

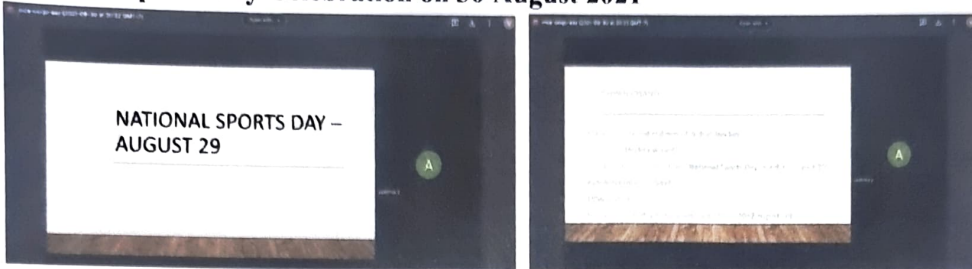
**CONGRATULATIONS**



*Principal*

*Sree Narayana Training College  
Nedunganda*

## National Sports Day Celebration on 30 August 2021



## International Literacy Day Celebrations in association with Kerala State Literacy Mission Authority on 8 September 2021



## Fresher's Day on 13 December 2021



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Sree Narayana Training College  
Nedunganda



## Inter Departmental Poster Making Contest on 18 February 2022



## Competition to speak in Mother tongue in association with Mother Tongue Day on 18 February 2022



## Competitions for Poster Making, Science Fiction Story Writing, Mobile Photography, Quiz Competitions in association with Science Day Celebration on 28 February 2022



**SREE NARAYANA TRAINING COLLEGE**  
Nedungunda, Y. Taluk  
Maddur Taluk, Channarayana, K. Taluk  
Maddur Taluk, Channarayana, K. Taluk  
Maddur Taluk, Channarayana, K. Taluk

**RESULTS OF INTERCOLLEGE POSTER MAKING CONTEST**  
conducted as part of NATIONAL SCIENCE DAY 2022  
organized by Physical Science Association, NSTA/ANSA

1	2	3
<b>SHREYA RAMESH</b> Senior Science Sree Narayana Training College, Channarayana, K. Taluk	<b>ARVIND K</b> Senior Science Sree Narayana Training College, Channarayana, K. Taluk	<b>ANUSHA K</b> Senior Science Sree Narayana Training College, Channarayana, K. Taluk

**SREE NARAYANA TRAINING COLLEGE**  
Nedungunda, Y. Taluk  
Maddur Taluk, Channarayana, K. Taluk  
Maddur Taluk, Channarayana, K. Taluk  
Maddur Taluk, Channarayana, K. Taluk

**RESULTS OF INTERCOLLEGE SCIENCE FICTION STORY WRITING**  
conducted as part of NATIONAL SCIENCE DAY 2022  
organized by Physical Science Association, NSTA/ANSA

1	2	3
<b>SHREYA RAMESH</b> Senior Science Sree Narayana Training College, Channarayana, K. Taluk	<b>ARVIND K</b> Senior Science Sree Narayana Training College, Channarayana, K. Taluk	<b>ANUSHA K</b> Senior Science Sree Narayana Training College, Channarayana, K. Taluk

**SREE NARAYANA TRAINING COLLEGE**  
Nedungunda, Y. Taluk  
Maddur Taluk, Channarayana, K. Taluk  
Maddur Taluk, Channarayana, K. Taluk  
Maddur Taluk, Channarayana, K. Taluk

**RESULTS OF INTERCOLLEGE MOBILE PHOTOGRAPHY CONTEST**  
conducted as part of NATIONAL SCIENCE DAY 2022  
organized by Physical Science Association, NSTA/ANSA

1	2	3
<b>SHREYA RAMESH</b> Senior Science Sree Narayana Training College, Channarayana, K. Taluk	<b>ARVIND K</b> Senior Science Sree Narayana Training College, Channarayana, K. Taluk	<b>ANUSHA K</b> Senior Science Sree Narayana Training College, Channarayana, K. Taluk

**SREE NARAYANA TRAINING COLLEGE**  
Nedungunda, Y. Taluk  
Maddur Taluk, Channarayana, K. Taluk  
Maddur Taluk, Channarayana, K. Taluk  
Maddur Taluk, Channarayana, K. Taluk

**RESULTS OF INTERCOLLEGE QUIZ COMPETITION**  
conducted as part of NATIONAL SCIENCE DAY 2022  
organized by Physical Science Association, NSTA/ANSA

1	2	3
<b>SHREYA RAMESH</b> Senior Science Sree Narayana Training College, Channarayana, K. Taluk	<b>ARVIND K</b> Senior Science Sree Narayana Training College, Channarayana, K. Taluk	<b>ANUSHA K</b> Senior Science Sree Narayana Training College, Channarayana, K. Taluk

**SREE NARAYANA TRAINING COLLEGE**  
Nedungunda, Y. Taluk  
Maddur Taluk, Channarayana, K. Taluk  
Maddur Taluk, Channarayana, K. Taluk  
Maddur Taluk, Channarayana, K. Taluk

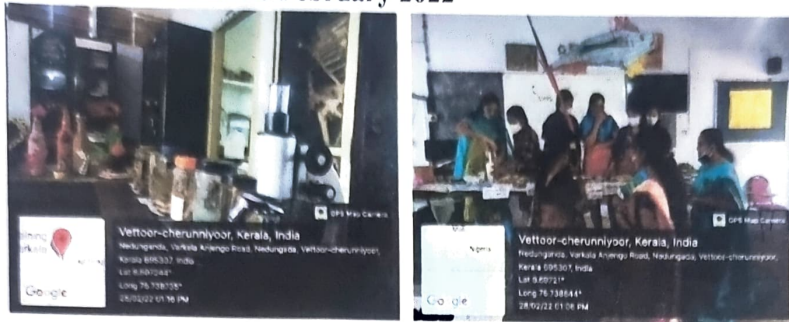
**RESULTS OF INTER-SCHOOL QUIZ COMPETITION**  
conducted as part of NATIONAL SCIENCE DAY 2022  
organized by Physical Science Association, NSTA/ANSA

1	2	3
<b>SHREYA RAMESH</b> Senior Science Sree Narayana Training College, Channarayana, K. Taluk	<b>ARVIND K</b> Senior Science Sree Narayana Training College, Channarayana, K. Taluk	<b>ANUSHA K</b> Senior Science Sree Narayana Training College, Channarayana, K. Taluk





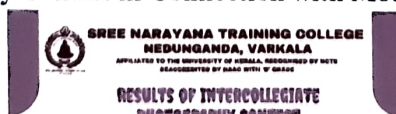
## 'Salt 'N Pepper'- Food Fest on 28 February 2022



## Arts Fest 'Ekaswara' on 1 and 2 April 2022



## Intercollegiate Photography Contest in Connection with Mother's Day on 8 May 2022



1  
Abhishek A.  
Sree Narayana College of  
Teacher Education, Kottam



2  
Karthika A.  
Sree Narayana College of  
Teacher Education, Kottam

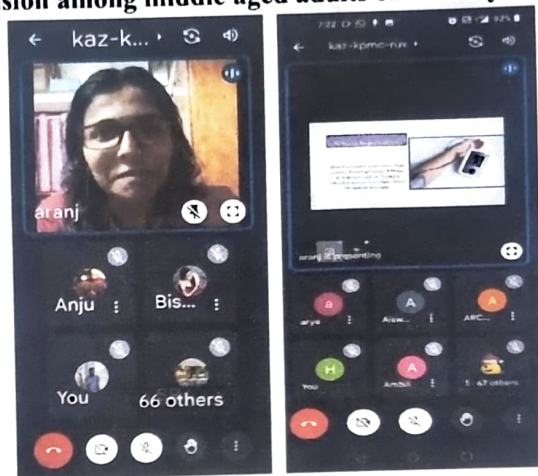


3  
Anushka A.  
Sree Narayana College of  
Teacher Education, Kottam



*Principal*  
Sree Narayana Training College  
Nedunganda

### Webinar of Hypertension among middle aged adults on 17 May 2022



### National Mathematics Day Celebration on 22 December 2021



### 3. COMMUNICATING WITH PERSONS OF DIFFERENT DISABILITIES: BRAILLE, SIGN LANGUAGE AND SPEECH TRAINING

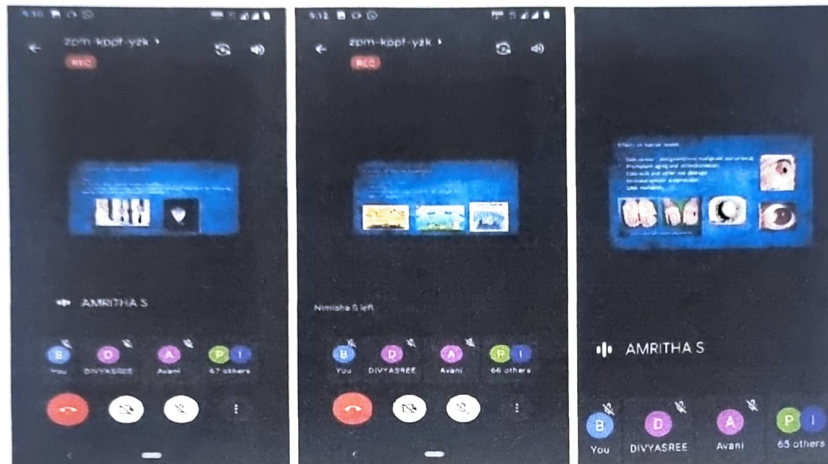
#### Institutional visit - light to blind school Varkala



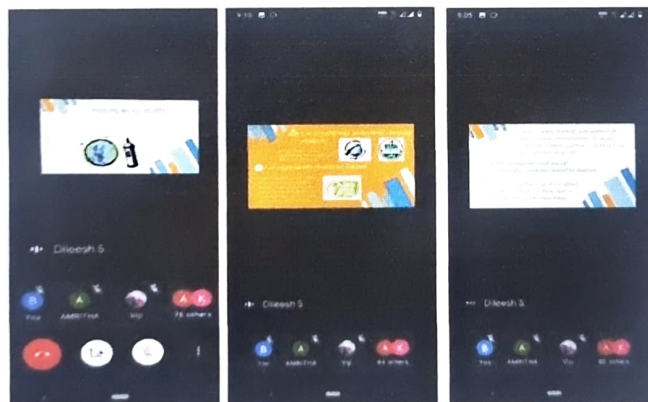


4. CAPABILITY TO DEVELOP A SEMINAR PAPER AND A RESEARCH PAPER; UNDERSTAND/APPRECIATE THE DIFFERENCE BETWEEN THE TWO

**Paper Presentation "Life Depletes when Ozone Depletes" in association with Ozone Day on 16 September 2021**



**Paper Presentation "Don't let the Future Go up in Smoke" in association with Ozone Day on 17 September 2021**



**Paper Presentation "We Decide" on 21 March 2022**



  
**Principal**  
Sree Narayana Training College  
Nedunganda

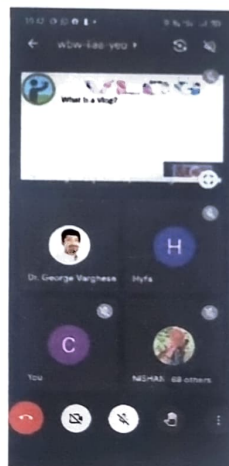


## **'Drishti'- Students' webinar Series from 6 April 2022 to 7 May 2022**

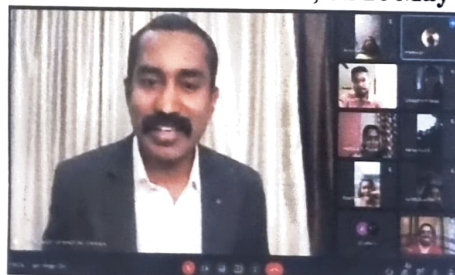


### **5. E-CONTENT DEVELOPMENT**

#### **Blogging and Vlogging on 5 March 2022**



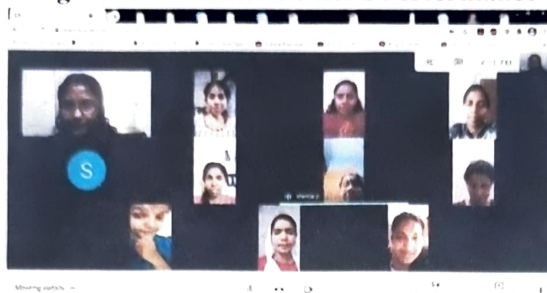
#### **National Webinar on Blueprint of Online Teaching as Part Of 'Prabuddha-Embracing The New Normal' - Webinar Series, on 20 May 2022**



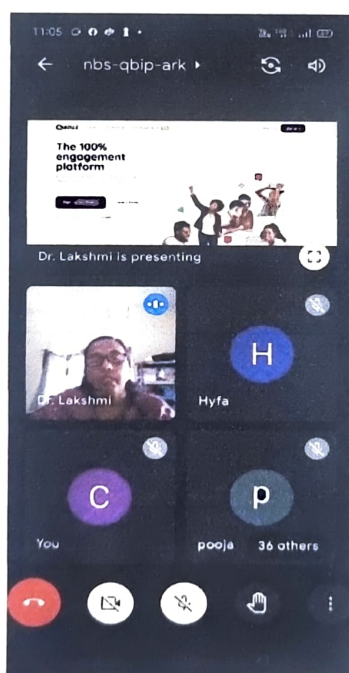
*Principal*  
**Sree Narayana Training College**  
Nedunganda

## 6. ONLINE ASSESSMENT OF LEARNING

**Webinar on 'Preparing Tools to Assess Learner's Performance' on 22 September 2021**



**Webinar on 'Online Survey Tools' In Connection With National Technology Day on 11 May 2022**

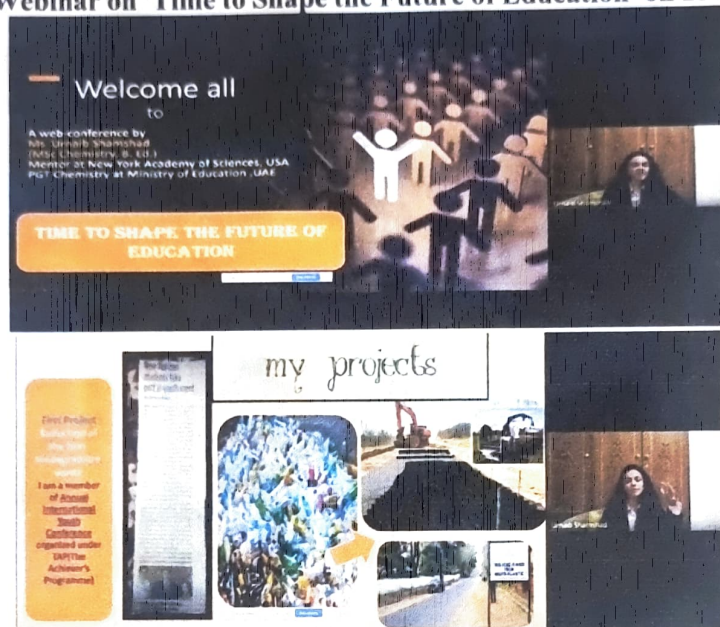


Principal  
Sree Narayana Training College  
Nedunganda

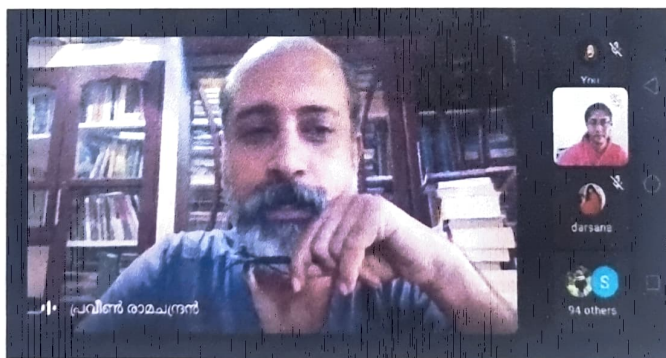
2020-2021

## 1. CAREER AND PERSONAL COUNSELLING

International Webinar on 'Time to Shape the Future of Education' on 25 September 2020



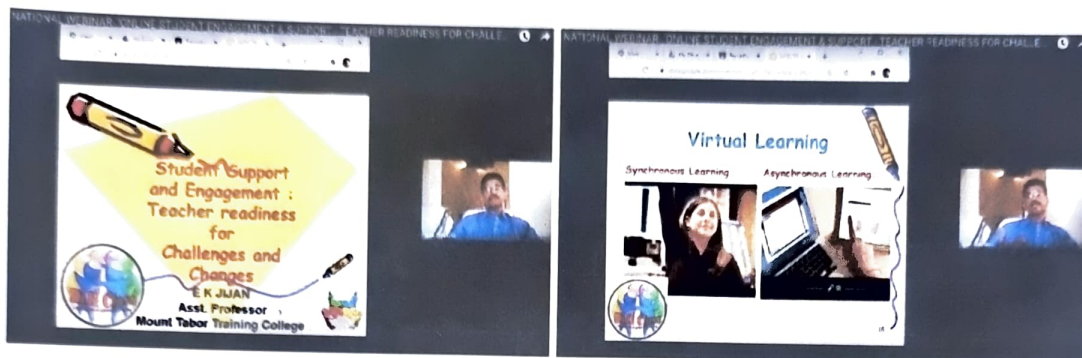
Webinar on 'Adyapanathinde Aanandamargam' on 30 October 2020



Principal  
Sree Narayana Training College  
Nedunganda



**National Webinar on Online student engagement and support, teacher readiness for challenges and changes on 9 October 2020**



**Women in Leadership - Achieving an equal future in Covid 19 world-women and safety on 8 March 2020**



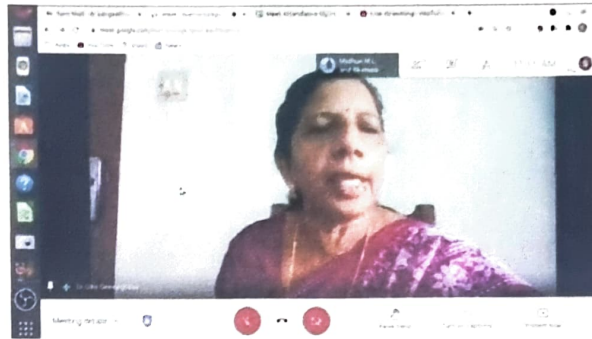
**Training Programmes on Entrepreneurship Marketing in the Digital Age, Preparation of Eco friendly materials, Preparation of cleaning lotion using Swadeshi Products, Webinar on 'Ayurveda and Immunity Boosting Measures for Self-Care' on 27 March 2021**



*Principal*  
Sree Narayana Training College  
Nedunganda



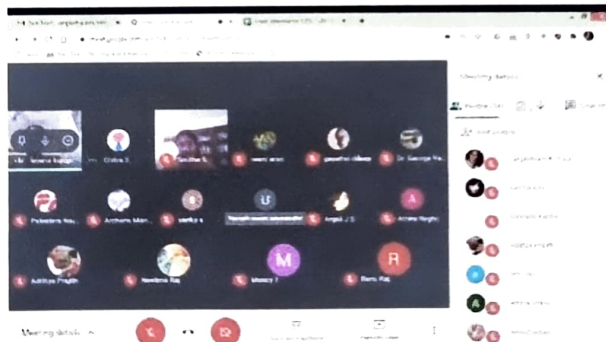
## National Webinar on the art of mindfulness means to foster self empowerment



## 2. SKILL ENHANCEMENT IN ACADEMIC, TECHNICAL AND ORGANIZATIONAL ASPECTS

### a) Academic Aspects

## Webinar on Minor Research Project on 30 July 2020



## Debate on Environmental Hygiene and Environmental laws in EDU-11 on 4 March 2021



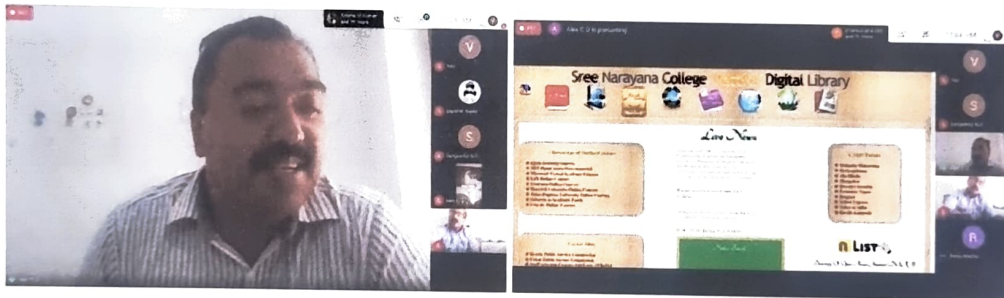
  
Sree Narayana Training College  
Nedunganda

## Capacity Building Programme

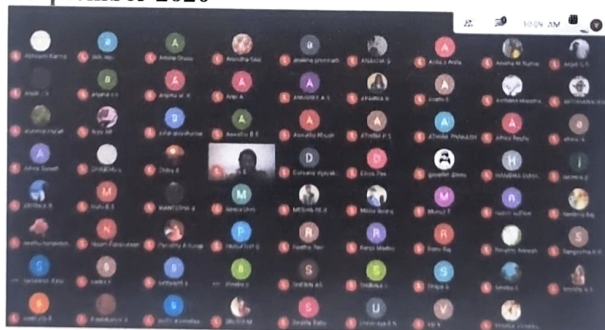


### b) Technical Aspects

## National Webinar on 'Library at your Fingertips' on 28 August 2020



## Virtual Tour on 11 September 2020



*[Handwritten signature]*

Sree Narayana Training College  
Nedunganda



c) Organisational Aspects

**Corona Awareness Programme on 7 February 2020**



**Wetlands Day Quiz Competition on 2 February 2021**



**National Science Day Celebration from 22 to 27 February 2021**



*Sree Narayana Training College  
Nedunganda*

### International Women's Day Programmes from 1 to 8 March 2021



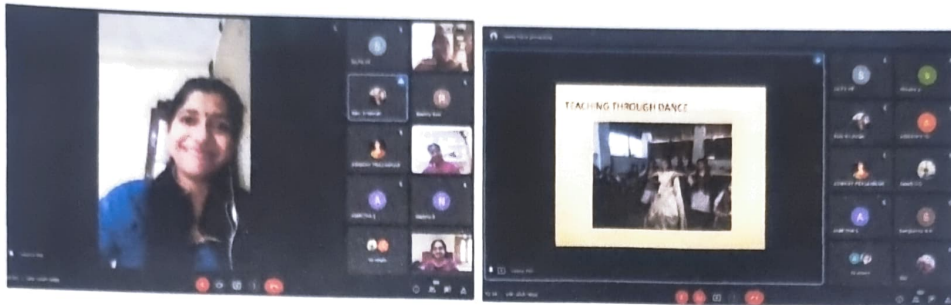
### SUPW exhibition and Food Fest on 20 March 2021



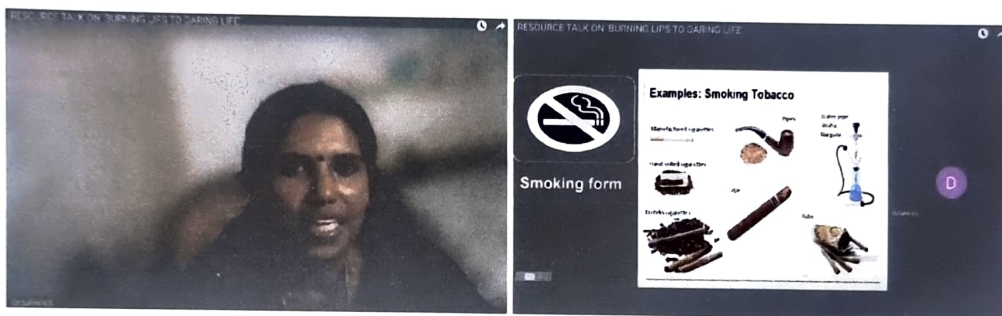
*Sree Narayana Training College  
Nedunganda*



## Webinar on Art Education on 5 December 2020



## Resource Talk on BURNING LIPS TO DARING LIFE in connection with World No Tobacco Day, on 31 May 2021



### 3. COMMUNICATING WITH PERSONS OF DIFFERENT DISABILITIES: BRAILLE, SIGN LANGUAGE AND SPEECH TRAINING

#### Institutional Visit – Light to Blind School



*Sree Narayana Training College  
Nedunganda*



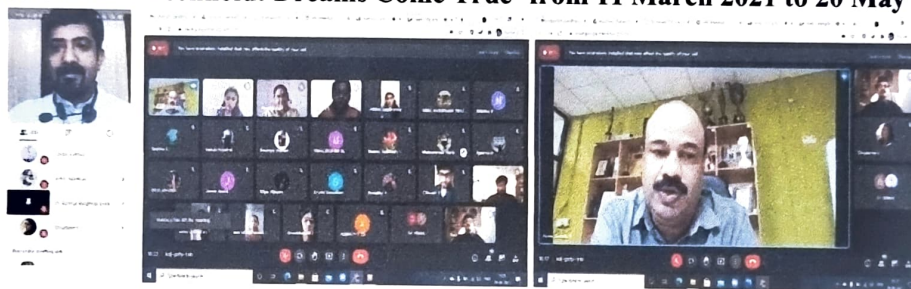
4) CAPABILITY TO DEVELOP A SEMINAR PAPER AND A RESEARCH PAPER; UNDERSTAND/APPRECIATE THE DIFFERENCE BETWEEN THE TWO

Paper Presentation on "Perseverance Rover" on 23<sup>rd</sup> February 2021



5. E-CONTENT DEVELOPMENT

Webinar Series- 'Technoid: Dreams Come True' from 11 March 2021 to 20 May 2021

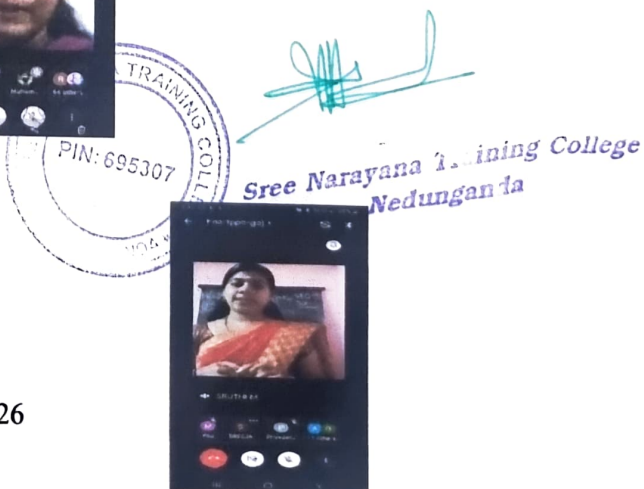
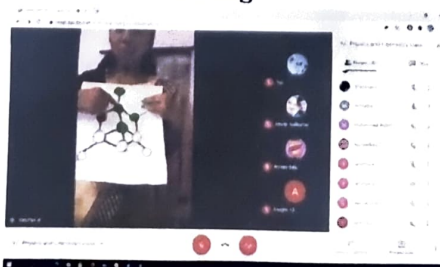


6. ONLINE ASSESSMENT OF LEARNING

Webinar on 'Preparing Tools to Assess Learner's Performance' on 14<sup>th</sup> July 2020



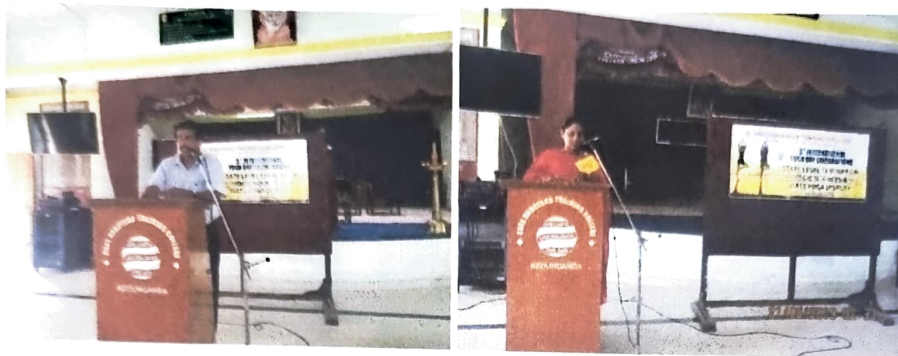
Online Practice Teaching



2019-2020

1. CAREER AND PERSONAL COUNSELLING

**International Yoga Day on 21 June 2019**



**Entrepreneurship Awareness Programme on 16 August 2019**



**Memory Techniques 'Ormayude Rasathantram' on 7 December 2019**



**Success Stories of Blooming Entrepreneurs on 10 January 2020**





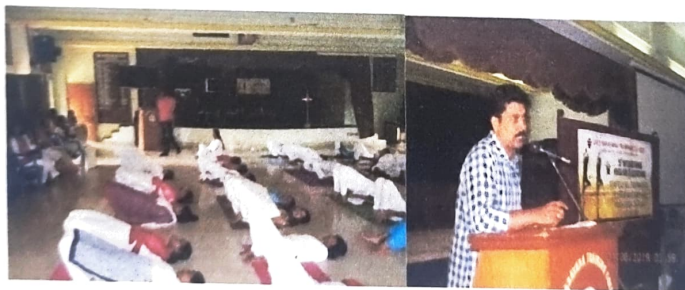
**Session on Soft skill development on 08 January 2020**



**Syllabus orientation 2019**



**Yoga and Meditation**



**National Legal Awareness Programme on 7 March 2020**





## 2. SKILL ENHANCEMENT IN ACADEMIC, TECHNICAL AND ORGANIZATIONAL ASPECTS

### a) Academic Aspects

**Seminar on Moulding Prospective Teachers as part of Bridge Course on 08 July 2019**



**National Seminar on NEP on 19 August 2019**



### b) Technical Aspects **Manuscript Magazines**



  
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Nedunganda



c) Organisational Aspects

**World Environment Day on 5 June 2019**



**Science Day Celebrations from 26 February 2020 to 28 February 2020**



**International Women's Day Celebration on 8th March 2020**





**Ozone Day Celebration on 16 September 2019**



**SUPW and ART Work Exhibition on 18<sup>th</sup> October 2019**



**Acharamela and Food Fest on December 19, 2019**



  
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### Quiz competition in relation to Martyr's Day on 30.01.2020



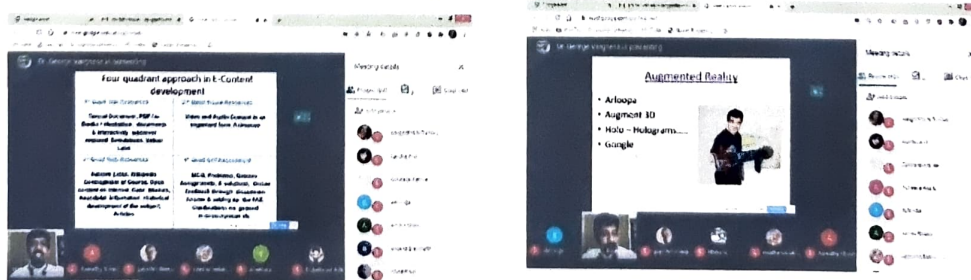
### 3. CAPABILITY TO DEVELOP A SEMINAR PAPER AND A RESEARCH PAPER: UNDERSTAND/APPRECIATE THE DIFFERENCE BETWEEN THE TWO

Paper Presentation on 'Ozone day and Importance of protecting Ozone Layer' on 26 July 2019



### 4. E-CONTENT DEVELOPMENT

Resource Talk on E-content Development on 25/02/2020



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2018-2019

1. CAREER AND PERSONAL COUNSELLING

Career Orientation Programmes organized by IQAC & Career Guidance and Placement Bureau of the college



Seminar on K-TET, SET, NET Exams Orientation on 12 October 2018



2. SKILL ENHANCEMENT IN ACADEMIC, TECHNICAL AND ORGANIZATIONAL ASPECTS

a) Academic Aspects

Artistry in making prospective teachers in collaboration with CTE, South zone by Dhvani College Union, 2019 on 26 February 2019





## Regional Seminar on Innovative Practices in Teaching on 27 February 2019



### b) Organisational Aspects

- 1) **Celebration of World Environment Day-Planting of Saplings in College premises and on road sides and supply to students of practice teaching schools, Effective Maintenance of daily waste disposal process in the college, Training for preparing paper bags, Awareness classes on different topics on Nature Protection, on 5 June 2018**



**Celebration of Gandhi Jayanthi through campus cleaning, cleaning of the locality, training in the preparation of swadeshi products, essay writing and slogan writing competitions on Gandhian principles on 02.10.2018**



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**Flood relief**



**2) Inter Optional Quiz Competition on Energy Conservation in connection with the Ozone Day celebrations**



**Awareness class on Vermi Compost making and Honey Bee Rearing organized on 27.08.2017**



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**Awareness Programmes conducted by the Energy Club on 30 January 2019**



**Training programme on the preparation of Swadeshi products such as washing powder and toilet lotion**



**Seminar on 'Awareness on Sexual exploitation among adolescents', on 11 October 2018**

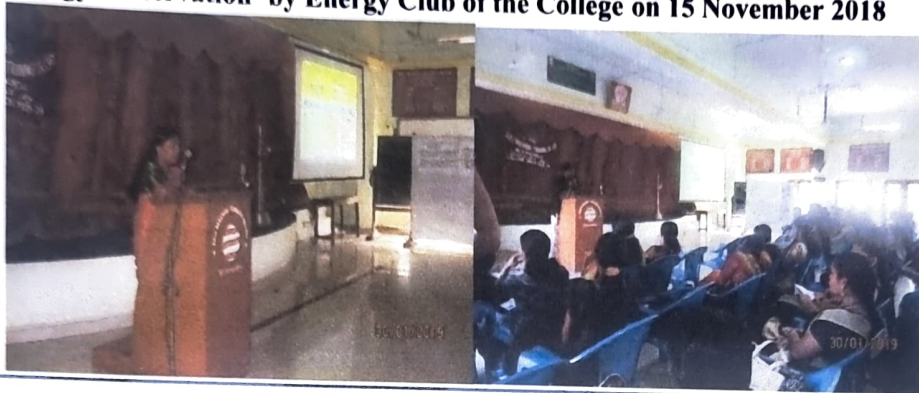


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3. CAPABILITY TO DEVELOP A SEMINAR PAPER AND A RESEARCH PAPER; UNDERSTAND/APPRECIATE THE DIFFERENCE BETWEEN THE TWO

Presentation of papers by students on the 'Various projects executed by KSEB for energy conservation' by Energy Club of the College on 15 November 2018



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2017-2018

1. SKILL ENHANCEMENT IN ACADEMIC, TECHNICAL AND ORGANIZATIONAL ASPECTS

a) Academic Aspects

**Workshop on Minor Research Project of Two Year B.Ed. Curriculum on 12th April 2017**



**Resource Talk on Nano Technology by Kerala State Council for Science, Technology and Environment on 27<sup>th</sup> February 2018**



**Resource Talks Organized on learning through Magic on 10.02.2018**



  
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**b) Technical Aspects**

**Inauguration of blog creation of Entrepreneurship Club on 27.08.2017**



**c) Organisational Aspects**

**Water Day-2018 with awareness classes, poster presentation on 22nd March 2018**



  
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**SREE NARAYANA TRAINING COLLEGE, NEDUNGANDA**  
**CAPABILITY BUILDING AND SKILL ENHANCEMENT INITIATIVES**  
**Report on each Capability Building and Skill Enhancement Initiative Adopted**

2021-2022

**1. CAREER AND PERSONAL COUNSELLING**

**1) KTET, CTET, NET Orientation on 15 March 2022**

IQAC and Career Guidance and Placement Bureau of Sree Narayana Training College, Nedunganda jointly conducted the KTET/CTET/NET Orientation programme on 15 March 2022. The programme was intended to give orientation to the student teachers for preparing well and qualifying competitive examinations. The resource person of the session was Sri. Dibeesh Babu V. I., Director, Florence Academy, Thiruvananthapuram. He is an expert in Educational Psychology and has an experience of training students for about 12 years in his own academy. The resource person provided some tricks and tips, pinpointed the frequently asked questions and portions, association learning strategy etc. which help the students to attend the competitive examination confidently.


**2) Resource Talk on 'Learn to Live Through Metacognitive Teaching' as Part of Sri. R. Sankar Memorial Webinar Series in collaboration with Department of Psychology, SNTC, on 7 July 2021**

Sree Narayana Training College, Nedunganda in collaboration with Department of Psychology organized a resource talk on the topic 'Learn to Live Through Metacognitive Teaching' as part of Sri. R. Sankar Memorial Webinar Series 'Unto the Pinnacle of Cognition' on 7 July 2021 through Google Meet at 9:30 AM. The resource person was Dr. Rosamma Philip, Principal, Mount Tabor Training College, Pathanapuram. She discussed about the ways to achieve success in life, the different ways of teaching and how to be conscious about our own thoughts. In the presentation, she covered such areas as 'Metacognition and Teaching', 'How thinking can be transformed for teaching, learning and life?'. She reminded everyone that to teach, we need to think, and education is not a preparation for life, it is life itself. She suggested that only self-motivated persons can spread motivation to other people, and as teachers, we need to refine ourselves with accurate thinking. She concluded the talk by saying "Think about thinking... Transform to positive to live."

**3) International Webinar on Yoga as a Tool for Improving Lifestyle and Personality Development for Teachers on 21 June 2021**

Sree Narayana Training College, Nedunganda has conducted a webinar on 'Yoga as a Tool for Improving Lifestyle and Personality Development for Teachers' on 21 June 2021 in the Google Meet platform. The programme was organized by Department of Physical Education in collaboration with Health Club of Sree Narayana Training College, Nedunganda. The



  
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Resource talk was conducted by Sri. Anup Gopalan, Chief Coach (Football) Indian School, Al Wadi Al Kabir, Muscat, who is an advisory member of Olympic Association in Sultanate of Oman and also the chief selector of the Oman based Elite Football Academy. The objective of the webinar was to remind students about the positivity of yoga for their life as a profession and how it develops the personality and leadership quality of individuals, thereby helping them to lead a happy life. The talk helped to make the student teachers understand about the reduction of stress and anxiety in their teaching profession also.

**4) Resource Talk on 'Constitutional Morality and Justice', organised by the Department of Education, UBA Cell & IQAC, SNTC, on 10 June 2021**

The Department of Education, UBA Cell & IQAC of Sree Narayana Training College Nedunganda, Varkala organised a National Webinar on 'Constitutional Morality and Justice' in connection with the World Day for International Justice on 10 June 2021. The Resource talk was delivered by Sri. Safi Mohan M. R., Assistant Professor, Government Law College, Thiruvananthapuram, and the Founder of Justice and Research Foundation. He started the session by explaining the term Morality and the significance of constitutional morality. He used the term 'constitutional morality' to describe sovereignty based on freedom and self-restraint. The webinar was presented using a well-structured PPT with visual impact, mentioning all the important facts and quotes. He highlighted the need of understanding the importance of freedom and justice. The session was highly informative.

**5) Resource Talk on 'Shaping the Artistry of Prospective Teachers' on 14 July 2021**

Sree Narayana Training College conducted a webinar on the Resource Talk on 'Shaping the Artistry of Prospective Teachers', as part of Sri. R. Sankar Memorial Webinar Series, on 14 July 2021. The resource talk of the webinar was presented by Prof. (Dr.) S. Sreedevi, Former Principal, G.C.T.E., Thiruvananthapuram. The objective of the webinar was to give orientation to the student teachers for a successful teaching career. The resource person sensitised the student teachers on the importance of being a good observer, confident trainer, and above all, an open-minded person. She stressed the role of a teacher being a friend to the students, and the need for developing a proper bond with students. The session was equally content rich and interactive.

**6) National Webinar on the topic 'Health and Education: Women Win the Race' organised by Health Club & Literary Club, SNTC, in connection with World Population Day, on 10 July 2021**

A National webinar was organised by the Health Club and Literary Club of Sree Narayana Training College, Nedunganda on the topic 'Health and Education: Women Win the Race' in connection with the World Population Day on 10 July 2021 at 10.00 am via Google Meet. Dr. C. Udayakala, Syndicate Member of Sree Narayana Open University and Assistant Professor and Head of the Malayalam Department, All Saints College, Thiruvananthapuram, was the resource person of the webinar. The objective of the webinar was to create an awareness amongst student teachers about the contemporary conditions of women and enlighten them



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about the decision-making power of women, their independency, Dowry Prohibition Act, female foeticide, child marriage and the ill-effects of pregnancies without spacing on the mental and physical health of women. Through the thought-provoking talk, she stressed the importance of education and yoga for mental power and emphasized the words 'a divorced daughter is better than a dead daughter'.

**7) Webinar on 'Entrepreneurship Education: A Roadmap for Moulding Unique Human Task Force' on 16 October 2021**

The Entrepreneurship Development Cell of Sree Narayana Training College, Nedunganda, in collaboration with IQAC & UBA, organized a National Webinar on 16 October 2021 on the topic 'Entrepreneurship Education: A Roadmap for Moulding Unique Human Task Force' in the Google Meet platform. The session was led by Dr. Issac Paul, Assistant Professor in Commerce Education, Government College of Teacher Education, Thycaud, Thiruvananthapuram. The aim of the webinar was to point out the skills for student teachers related to entrepreneurship. The resource person used images, presentation, etc. and narrated how a college can be converted to a pedagogical park.

**8) Youth Empowerment Programme led by Sri. Brahma Nayakam Mahadevan, International Motivational Trainer on 12 January 2022**

As part of the Youth Day, a motivational programme was conducted at the college on 12 January 2022, under the auspices of IQAC, in collaboration with Career Guidance and Placement Bureau, SNTC. The resource person Sri. Brahma Nayakam Mahadevan, an International Motivational Trainer, energized the young student teachers by enlightening them on the relevance of productive life, principles in the present world, and emphasised the need to become a teacher with only good intention and a good future. The interactive session was also a fruitful one to the students.

**9) Webinar on 'Awareness on Cancer' organised by Health Club, SNTC, on 04 February 2022**

On behalf of World Cancer Day, a webinar was organized by Health Club of Sree Narayana Training College, Nedunganda on 04 February 2022 in Google Meet platform. The resource person of webinar was Dr. Archana Clara, Believers Medical College, Thiruvalla. The primary goal of the webinar was point out the symptoms of cancer and the ways to prevent it. The resource person exposed the reasons for causing cancer, particularly the consumption of junk food, alcohol, smoking, tobacco usage and the chaotic lifestyle of people. She also revealed the measures to prevent cancer, and the need to keep ourselves and our environment clean, and about the support to be provided to cancer patients. She also highlighted the importance of periodical check-up, exercise and treatment options and requested the student teachers to pass the received information to the coming generations too.

**10) Resource Talk on 'Role of Teachers in Protecting Child Rights and Juvenile Justice' organised by Human Rights Club on 21 February 2022**



  
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As part of the Social Justice Day, a programme was conducted on 21 February 2022 for the students of Sree Narayana Training College, Nedunganda. It was an interactive session led by Sri. Jobi Kondoor, District Coordinator, Child Line, Thiruvananthapuram, on the topic 'Role of Teachers in Protecting Child Rights and Juvenile Justice'. Sri Jobi Kondoor talked about the four important rights -SPDP- Right to Survival, Right to Protection, Right to Development and Right to Participation. He explained the basic rights of a child and the effects of the violation of these rights through constant interaction with the students. He also mentioned the PNDT Act of 1996. Next, he talked about Protection from exploitation with the child labour act in 1986. The programme was very informative, and it gave the student teachers an idea of how to guide children in the proper way as a teacher.

**11) National Webinar on 'Gender Sensitisation on Domestic Violence Against Women' as part of 'Prabuddha- Embracing the New Normal' on 16 May 2022**

The College Union 'Anwaya' of Sree Narayana Training College, in collaboration with all departments of college, organised a National Webinar series on eight different topics. The seminar series was officially inaugurated on 16 May 2022 at 6.00 pm in the Google Meet platform, by Dr. Jayaprakash R. K., Director, SCERT. He discussed the seriousness of the topic and talked about the major issues faced by women in today's society. The resource person was Smt. Nileena Atholi, Sub-Editor, Mathrubhoomi. She discussed her own experiences as a media person related to the topic. The whole session uncovered the current situations in the society, and she cited relevant examples from day-to-day life. She talked about rape and murder of women, human trafficking, dowry deaths and forced early marriages. Her talk mainly dealt with contemporary problems. The session proved to be an eye-opener to the student teachers as it portrayed the rather unexplored facets in the lives of women.

**12) National Webinar on 'Fundamental Aspects of Constitutional Law' as part of 'Prabuddha- Embracing the New Normal' - Webinar Series, on 19 May 2022**

The webinar on 'Fundamental Aspects of Constitutional Law' in association with Centre for Constitutional Literacy, Chiranyinkeezhu was held on 19 May 2022 via Google Meet platform at 6.00 pm. The honourable principal Dr. Sheeba P and Dr. Viji V, Assistant Professor and Staff Advisor of Sree Narayana Training College, Nedunganda were the convenors of the seminar. The Resource Person Dr. Seema S. Dhar gave a general idea about the Indian Constitution like its characteristic features, structure, reason for being the lengthiest constitution in the world and its benefits, difference between Fundamental Rights, Human Rights and Statutory Rights etc. Then her talk focused on the Fundamental Rights mentioned in Article 12-35 of Part III of Indian Constitution and it is also called the Magna Carta of Indian Constitution. She talked about the six fundamental rights enshrined in the Constitution of India which are guaranteed to all citizens irrespective of race, religion, gender and are enforceable by the courts, subject to certain conditions. Throughout the seminar, she preferred to use the term 'stakeholders' instead of 'Government' to instil the power and wider aspects of the Constitution and Fundamental Rights. She also imparted deeper insight on



Writs-the written orders issued by the Supreme Court of India to provide Constitutional remedies to protect the Fundamental Rights of the citizens from violation, Right to Information, significant amendments that were made so far in the Indian Constitution with reference to Kesavananda Bharati case etc. The talk ended with doubt clearance session and feedback from the students.

**13) Report on National Webinar on 'Intellectual Property Rights' in association with Centre for Constitutional Literacy, Chirayinkeezhu as part of 'Prabuddha- Embracing the New Normal' - Webinar Series, on 26 May 2022**

The College Union 'Anwaya', in collaboration with all the Departments of the college, conducted a National Webinar on the topic 'Intellectual Property Rights' on 26 May 2022, in association with Centre for Constitutional Literacy, Chirayinkeezhu. The resource person was Dr. Lawwellman P., Assistant Professor, Government Law College, Calicut. He provided an informative session for the student teachers about Intellectual Property Rights, which included Patent, Trademark, Industrial designs, Copyright, Semiconductor Chip, Plant variety, Geographical Indications (GI) and Trade Secret and Patent Act 1970. He also emphasised the benefits of Intellectual Property Rights in the modern era. The session was very lively and proved to be richly packed with full-fledged information.

**14) Webinar, Intercollegiate Quiz Competition, Poster Making Competition, Story Writing Competition in connection with World Cancer Day on 4 February 2022**

On behalf of World Cancer Day 2022, a webinar was organized by Health Club Members of Sree Narayana Training College, Nedunganda on 04 February 2022. Various intercollegiate competitions such as quiz competitions, story writing Competition, Poster Making were organized by the members of the club. A live Quiz competition was scheduled on 07/02/2022 at 6:00 PM in the Zoom platform. Two students from each college were permitted to enter the competition and they had to join as per the allotted chest number. All candidates were given prior instruction and rules regarding the quiz competition. There were three rounds in the Quiz competition and in all the rounds, there were no pass questions. Winners were given e-certificates. A story writing competition was also arranged with the theme 'njandin karnagalil ninnoru mochanam' and entries were allowed from 3 February 2022 to 5<sup>th</sup> February 2022, 1:00 PM. Within the allotted day the candidates were instructed to share their story for evaluation. As instructed, candidates submitted their stories for evaluation. Certificates were given to the winners. Poster making competition was also conducted in association with the Cancer Day and the Topic for poster making was "Together We Can Help". There were 7 entries for posters which were informative and they give awareness on Cancer & Cancer Day. The winners were given certificates.





2. **SKILL ENHANCEMENT IN ACADEMIC, TECHNICAL AND ORGANIZATIONAL ASPECTS**

a) **Academic Aspects**

**15) Curriculum Enrichment Programme- 'Dealing the Differences' on 4 June 2021**

Sree Narayana Training College conducted a webinar on 04 June 2021 to enrich curriculum. Sri. Rahul V. R., Assistant Professor, Government College of Teacher Education, Thiruvananthapuram handled the session on 'Dealing the Differences'. The topic was relevant to the present student community, teacher students oriented in higher level for the upcoming years of their profession. By the end of the session there was a group discussion on above said title.

**16) Workshop on 'Fostering Life Skills' on 19 November 2021**

The Department of General Education conducted a webinar on 19 November 2021 for fostering Life Skills. Dr. Sangeetha N. R., Assistant Professor of Sree Narayana Training College acted as the resource person. The session enumerated various life skills for a person in the 21<sup>st</sup> century and it envisaged various technical skills associated with it. It enriched the academic skills of the students by incorporating various events.

**17) Intercollegiate Essay Writing Competition in Connection with International Education Day on 27 January 2022**

IQAC of the college organized an intercollegiate essay writing competition in connection with International Education Day on 27 January 2022. The theme for the essay writing competition was the 'Role of Teachers in the Changing Educational Scenario'. Through this, the students were not only able to enhance their writing skills, but also consolidate and express their views regarding the importance of teachers in the present educational scenario.

**18) National Webinar on 'Significance of Peace in Emerging Social Scenario'- Resource Talk on 29 September 2021**

The College Union 2020-'21- 'Aagneyam' organised a National Webinar on 'Significance of Peace in emerging Social Scenario' on 29.09.2021. Dr. Maya S., Assistant Professor in Education, Mar Theophilus Training College, Thiruvananthapuram was the resource person in this webinar session. The resource person made the student teachers aware of the importance of peace in their life and reminded them that Indian tradition is unique to include Shanthi, Dharma, Sadhana, Upasana and Aradhana. She also pointed out about the prominent global universities like Nalanda and Takshashila. The webinar indeed fulfilled its objective to remind the student teachers to maintain global peace for the future generation.



**19) Debate on 'What are the Basic Rights of a Child and How Can These Be Protected?' on 30 January 2022**

A debate was organised by Department of General Education on 30/01/2022 on the topic 'What are the basic rights of a child and how can these be protected?'. The programme was moderated by Ms. Reshma from English Department. The debate gave vast information about child labour happening in the mining industries of Gujarat, child rights in India, right to protection, right to participation and right to development of child right and also mentioned the different authorities responsible for the protection of child such as Bala Nithi, Observation home, Shelter home etc. The debate proved as a platform for the student teachers to express their perspectives freely.

**b) Technical Aspects**

**20) കരുതലിന്റെ കർക്കിടകം - E-booklet prepared by the students in Health Club, SNTC, on 28 July 2021**

An e-booklet 'കരുതലിന്റെ കർക്കിടകം' ('Karuthalinde Karkkidakam'), which included information about Ayurveda Medicine which are particularly used in the Malayalam month of karkidaka. The booklet outlined the specialty of Karkidaka, its special food, 'dashapushpam', 'pathilaperuma', 'oushadakkoottukal'- which means medicinal plants, 'ottamoolikal' etc. The speciality of the booklet is that the content preparation, layout and design were done exclusively by the students of health club. The booklet was officially released by Dr. Sheeba P., the Principal of the college on 28 July 2021 through google meet. The booklet was published as flipbook <https://online.flippingbook.com/view/809269569/> and <https://fliphtml5.com/flrkm/glbj>. The release function was disseminated through the official YouTube channel of SNTC.

**21) Awareness Video on Plastic Pollution released on 3 July 2021**

An awareness video to prevent plastic pollution, including the Do's and Don'ts related to plastic, along with the various facts related to plastic, was created by the student teachers of Physical Science Association for school children. The video was compiled and edited by Ms. Darsana Prakash L. and released for students via YouTube on 3 July 2021. The YouTube link is attached. <https://youtu.be/AxYSxjiNY8c>

**22) College Magazine 'Jeevithachurulukkalkkidayiloode'**

On 24 September 2020, a meeting was held for deciding to collect the works for the college magazine. The collected works were then scrutinized and the relevant ones were selected. On 10 April 2021, a meeting was held for deciding about the interview and decided to interview with Tom Joseph. On 28 April, the works were turned into a book and on 8 May 2021, a meeting was attended by the committee members to select the title of the magazine and





named as 'Jeevithachurulukalkkidayiloode'. This was converted to flipbook by the magazine committee members as <https://heyzine.com/flip-book/2c07296ad7.html>. The cover page was designed by Aswathy Krishnan and drawn by Aneesh A. and the section pages were done by the Student Editor Revathy Krishnan. The page layout, design and illustrations were done by Dr. Rani K.V. and Revathy Krishnan and the collages were done by them along with Gayathri Dileep. On 12 July, the magazine committee was blessed with the wishes of the honorable Manager of S.N. Trusts Sri. Vellappalli Natesan. On 16 July, a trial magazine was done with 301 pages. On 30 July, a promo video done by Mr. Kiran A. S. was released.

### c) Organisational Aspects

#### **23) Intercollegiate Competitions for Training Colleges organised by Health Club, SNTC, in connection with World Cycling Day & World Environment Day**

The Health Club of Sree Narayana Training College conducted a series of intercollegiate competitions for various training colleges across Kerala in connection to the world cycling day and world environment day. The students of Health club organized and conducted Essay writing competition, fun video making competition, poster making competition, and slogan writing completion. The theme for video making competition was "Pedal away your worries - in connection with bicycle day and mental health in covid time." The topic for essay writing competition was "Eco system restoration by cycling". The theme for poster making competition was "Ride a cycle, save the planet". The slogan writing competition was based on "Sustainable Ride on a cycle". The students emphasized the importance of keeping our surroundings clean and necessity of being physically and mentally fit by arranging various competitions in connection to world bicycle day and world environment day. All the winners were given e-certificates.

#### **24) Environmental Week Celebration organised by Sooryakanthi Nature Club and Bhoomithrasena Club, SNTC, in connection with World Environment Day from 6 June 2021 to 12 June 2021**

Sooryakanthi Nature Club & Bhoomithrasena Club, SNTC has organized a one week programme as part of World Environment Day on 6 to 12 June 2021. On 6 June 2021, a webinar was organized by the club members with the resource talk of Sri. C. R. Neelakandan, an Indian environmental activist and writer. He pointed out the importance of ecosystem restoration. After the session, a tribute was given to Sundarlal Bahuguna, an environmentalist who passed away recently. Then an innovative and interesting challenge was presented before the students to grow microgreen plants in their home and write an article about this challenge. The winner of the challenge was announced to be rewarded with the one year subscription of the magazine "Soochika". On the second day, a webinar was conducted with the resource person Sri. Haidali Vazhakkad, an environmentalist activist. He narrated about how the changing mentality of men changed the natural beauty of our earth. Also, the students organized various competitions in relation with the environment day such as slide preparation competition, Haiku competition, Troll making competition etc. as intercollegiate and inter



school basis. The Intercollegiate Slide Preparation Contest for training colleges was organized with the theme "Heal the Earth, Heal the Future". Maximum 2 entries were allowed from each college. The winners were awarded with e-certificates. The Intercollegiate Haiku Preparation Contest for inter department contest was organized on 9 June 2021 through Google Meet in relation with World Environment Day. The student coordinators of this competition organized it by giving a time limit of 15 minutes and delimited with two participants from each optional. The structure, simplicity, compatibility, vividness and creativity of the participants were assessed in this contest. Also, the Intercollegiate Troll Preparation Contest for Inter Department Contest were organized on 10 June 2021 through Google Meet in relation with World Environment Day. Trolls could be made in English and Malayalam. 'Human to Nature' was the theme for the Intercollegiate Troll Making Competition. Maximum of three entries from one college were invited, and creativity and idea were given importance in the competition. The winners were awarded with certificates.

**25) Competitions in connection with National Reading Day on 19 June 2021**

In connection with National Reading Day, Department of Malayalam, SNTC, organized 'Mozhiyaram', a one week programme from 19 June 2021 which included Quiz Competition and Tongue Twisters. About 14 secondary school students participated in tongue twisters from various schools and 9 students in quiz competition. The Judge of the competition was Dr. Priya, a Higher Secondary teacher of M.S.M. School, Kayamkulam. Also, a Digital Poster Making and a Video making competition (based on the review of the book participants have read) were organized for the students of SNTC. A tribute was given to Vaikom Muhammed Bhasheer, a famous writer, humanist, freedom fighter, novelist and a short story writer on his 27<sup>th</sup> Death Anniversary.

**26) Intercollegiate and Interschool Competitions organised in connection with International Plastic Bag Free Day**

The Physical Science Association, SNTC conducted a National Webinar on Environmental Status on 'Solid and Plastic waste management' in connection with International Plastic Bag Free Day on 1<sup>st</sup> July 2021 and Quizz Buzz Quiz Competition for School Students in classes 8,9,10 and 12. 237 students from various schools at the national as well as international levels registered via WhatsApp. The group was made active by providing various facts regarding plastic and plastic pollution to the students through the WhatsApp group. A demo quiz was given to them for practice on 30 June 2021. The competition was held on 1 July 2021 at 7.30 pm via google form. 50 questions were provided to them, and they were given only 7 minutes to complete it. All the students enthusiastically participated in the quiz. The quiz was organized well by the students, and it proved to be a promising one in their professional life. The winners were awarded with cash prizes and certificates. An intercollegiate essay writing competition was organized for B.Ed. students. The competition was coordinated by Ms. Gopika V. A brochure was prepared and sent to various B.Ed. colleges via WhatsApp on 28 June 2021. The participants were asked to write an essay based on theme 'A Day Without Plastic' and send the written content to the coordinator. The deadline for the competition was



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on 01 July 2021. There were 11 entries for the Malayalam Essay Writing Competition. For English Essay Writing Competition, there were 9 entries. Winners were provided with e-certificates. Also, an Intercollegiate Parody Song Competition was organized for B.Ed. students. The participants were asked to write a parody song based on theme 'Plastic-free Life', and send the written content along with an audio clip to the coordinator. The deadline for the competition was 01 July 2021. There were 13 entries for the competition. E-certificates were issued to all the winners.

**27) National Sports Day Celebration on 30 August 2021**

Sree Narayana Training College conducted the National Sports Day Celebration through Google Meet on 30.08.2021. In this, a slide presentation was done for the famous sports persons in India by Mr. Sumith S., the sports club secretary of SNTC. In this, he narrated the achievements and awards attained by the sports persons in their lifetime. This was indeed a motivating session for the students.

**28) International Literacy Day Celebrations in association with Kerala State Literacy Mission Authority on 8 September 2021**

Aagneyam, Student union of Sree Narayana Training College, Nedunganda in collaboration with Kerala State Literacy Mission Authority conducted a resource talk for the student teachers on 8 September 2021. The resource person was Mr. E. V. Anilkumar, the project coordinator of the Kerala State Literacy Mission Authority. He emphasized that Kerala had an elevated literacy rates and he mentioned the contribution of all the socio-political events happened in Kerala, specifically Renaissance movement. He remembered to address the contributions of reformers like Sree Narayana Guru, Poikayil Appachan etc. He shared with the students about the recent projects of KSLMA like educating the social minorities including people in islands, transgender, women from coastal areas, and other marginalized people. The session proved to be a fruitful one to the students.

**29) Fresher's Day Celebration on 13 December 2021**

As a part of the B.Ed. programme, the student union Aagneyam of Sree Narayana Training College, Nedunganda organised the Fresher's Day programme on 13 December 2021 at the college auditorium. After the inauguration of the programme, lighted candles were given to the students, which turned the occasion to a beautiful and peaceful one. Cultural programmes, games and various tasks/ activities were given to the junior students which made the programme an enjoyable one.

**30) Inter Departmental Poster Making Contest on 18 February 2022**

The students of Women's club organized a Poster making competition in association with International Women's Day on 18.02.2022 on the topic 'Gender Equality Today for a Sustainable Tomorrow'. There were 24 entries for the competition. Each one of them



  
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reflected the contemporary status of the women and depicted the importance of gender equality for a sustainable world.

**31) Competition to speak in Mother tongue in association with Mother Tongue Day on 18 February 2022**

In association with world mother tongue day, the literary club members of SNTC organized a contest related to speak only in mother tongue. Even the brochure made by the students was filled with the spirit of mother tongue and no words were allowed to talk other than Malayalam in the contest. Many students from various departments participated with great vitality and winners were rewarded with gifts.

**32) Competitions for Poster Making, Science Fiction Story Writing, Mobile Photography, Online Quiz Competitions for schools and colleges in association with National Science Day Celebrations on 28 February 2022**

The Physical Science Association 'Alohomora Scientia' conducted Intercollegiate Poster Making Contest, Intercollegiate Science Fiction Story Writing Competition, Intercollegiate Mobile Photography Contest, Intercollegiate Quiz Competition and Interschool Quiz Competition, in association with National Science Day Celebrations 2022.

**Intercollegiate Poster Making Competition:** Physical Science department organised the intercollegiate poster making competition on the topic 'Integrated Approach in Science and Technology for a Sustainable Future'. The brochure was officially released on 21-02-2022. Both digital and handmade posters were accepted before 25-02-2022 at 5 pm through the email of the programme coordinator. Total 12 students participated in this competition. Winners were given e-certificates.

**Science Fiction Story Writing:** The Physical Science Department conducted an intercollegiate Science Fiction Story Writing competition. Brochure of the competition was published and sent on 21 February to the entire college groups. As per the guidelines, the competition was limited to B.Ed. and M.Ed. students and the participants were directed to submit their entries on or before 7 PM on 25 February. The valuation of the entries was done by experts and selected the best three stories from it. Winners were given e-certificates.

**Intercollegiate Mobile Photography Contest:** The Physical Science Department organized and conducted an intercollegiate mobile photography contest on the topic 'Science Behind Nature's Patterns'. The brochure was released on 21-02-2022 and participants were asked to submit one photograph on the theme and attach the screenshot of the details of the photograph. The competition was for B.Ed. and M.Ed. students. The due date was 25 February at 7.00 PM. 20 entries were there, and winners were rewarded with e-certificates.

**Intercollegiate Quiz Competition:** The Physical Science Department of SNTC, Nedunganda organized and conducted an intercollegiate Quiz competition on 26 February 2022 at 6:00 PM. The theme of the quiz was General Science. A total of fifty multiple choice questions were included, incorporating different fields like physics, chemistry, biology, space science, current affairs, inventions, and discoveries related to science. Survey Heart application was used for the quiz. Brochure was prepared and sent to different groups and institutions to



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ensure complete participation. A WhatsApp group was also created for the same. 54 members participated in the quiz. The quiz started by 6:00 PM by sharing the link for the same in survey heart. A time limit of 6 minutes was set for answering 50 questions. By about 6:15 PM, the quiz was made inactive in the platform used. Winners were given e-certificates.

**Interschool Quiz Competition:** The Physical Science Department organized and conducted an interschool quiz competition and the programme was scheduled for 26 February 2022 at 7.00 PM. There were 30 multiple choice question which had to be answered in 5 minutes. The link was provided at sharp 7.00 PM and the closed at 7.10 PM. The questions were related to general science. A total of 35 entries were there, out of which Mallika G. (Std. X) of G.H.S.S., Attingal secured the first position. The results were announced in the WhatsApp group and the winners were awarded with e-certificates and cash prizes.

### 33) 'Salt 'N Pepper'- Food Fest on 28 February 2022

The union of the college organized and conducted a Food Fest entitled 'Salt 'N Pepper' at the college premises on 28 February 2022. On the same day, the college organized an exhibition also. The event was a great success in terms of a wide variety of food items and creative decoration of stalls from each department. There was a total of 5 stalls such as "Spongjee, Jeevana, Dhe Dosakkada, Urulakku Uperi and Bhukkaro Chinna Kutti Bhukkaro". Most of food items were traditional like ilayada, payasam, unniyappam, pazhampori, kappa and chammanthi, illachi, ellunda, sweet ball, black tea etc. The students set a price board for sale and arranged dine in and parcel facility also. Apart from varieties of cakes, they also made varieties of pickles like dates, mixed vegetables, gooseberry, mango, salted mango pickles etc. and soda ginger lime. The fest included traditional multi-course vegetarian meal of Kerala, Sadhya, on a banana leaf featuring over 15 dishes. The food fest hit different because of the well organization and arrangement of a wide variety of food items.

### 34) Arts Fest Ekaswara on 1 and 2 April 2022

The Arts Fest captioned as 'EKASWARA-2022' was organized by the Student's Union 2021-'22- 'Anwaya' of Sree Narayana Training College, Nedunganda. It was held as a four-day programme on 30, 31 March and 1, 2 April 2022. In the first two days, literary competitions and in the next two days, cultural events were conducted. 20 different events were conducted with the participation of around 150 students. Literary and fine arts competitions comprised Essay writing (English, Hindi, Malayalam), Short story writing (English, Hindi, Malayalam), Poetry writing (English, Hindi, Malayalam), Quiz competition, Painting, Cartooning, Rangoli, Collage, Spot Photography, Poster Making etc. Spot photography, Malayalam short story writing, English essay writing, collage making programmes were conducted on 31 March 2022. All the stage programmes like Recitation (Malayalam, English, Hindi), Elocution (Malayalam, English, Hindi), Debate (English, Malayalam), Mohiniyattom, Group Song, Light Music, Mono Act, Folk song, Fancy Dress, Rangoli competition etc. took place on 1 and 2 April 2022. Mohiniyattam, Mono Act, Group song, Fancy dress, Folk song, Light music were the events that took place on 2 April. The judges for all the events were eminent personalities in that particular field. The results were



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announced by the judges. Aswany Prasannan of the Malayalam Department was declared as the Kalathilakam and Mohammad Haris T. of Social Science Department was the Kalaprathibha of Ekaswara Arts Fest 2022.

**35) Intercollegiate Photography Contest in Connection with Mother's Day on 8 May 2022**

The Students' Union 'Anwaya' of Sree Narayana College, in connection with Mother's Day on 8 May 2022, organised a Photography contest and Letter-writing competition. The Theme of Photography contest was 'Mother' and that of letter writing was 'Write a letter to mom'.

**36) Webinar on 'Hypertension among middle aged adults' on 17 May 2022**

The Health Club of Sree Narayana Training College, Nedunganda conducted a webinar on World Hypertension Day entitled 'Hypertension Among Middle Aged Adults' on 17 May 2022. The objective of the webinar was to create an awareness amongst the student teachers about hypertension and its consequences in people. The Resource person of webinar was Dr. Archana S. P, Assistant Surgeon, Family Health Centre, Karunagapally. The doctor reminded the student teachers about the regular check-up of hypertension among the middle-aged people to find out the risk factors.

**37) National Mathematics Day Celebration on 22 December 2021**

National Mathematics Day was celebrated on 22 December 2021, at Sree Narayana training college, Nedunganda. Every year, the birthday of the great mathematician Srinivasa Ramanuja is celebrated as the national mathematics day. The event was organised by Mathematics club, SNTC. The programme included a Maths Prayer by Thrishara V. Prasad, Pooja S. and Viji S. Vijayan from the Mathematics Department. It was a meaningful prayer covering all the goodness in mathematics. The next part of the programme was a splendid speech by Drishya M. about Ramanuja. She drew the complete life history of Ramanuja including the role of G H Hardy in his life, and the Ramanujan number. After that, there was a group dance and the presentation of a video edited by Rejitha K. of Maths Department. Then Pooja S. rendered a speech on the Uses of Mathematics. Through her speech, the uses of mathematics in our daily life were very well explained.

**3. COMMUNICATING WITH PERSONS OF DIFFERENT DISABILITIES:  
BRAILLE, SIGN LANGUAGE AND SPEECH TRAINING**

**38) Provision of inclusive learning materials**

Inclusive learning materials, which ensured the realisation of different student learning needs were provided in the classrooms. These were capable of removing the barriers that prevent students from learning.



  
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#### 4. CAPABILITY TO DEVELOP A SEMINAR PAPER AND A RESEARCH PAPER; UNDERSTAND/APPRECIATE THE DIFFERENCE BETWEEN THE TWO

##### **39) Paper Presentation on 'Life Depletes when Ozone Depletes' in association with Ozone Day on 16 September 2021**

As a part of Ozone Day on 16 September 2021, a paper presentation was conducted on the importance of ozone layer protection by Ms. Amritha S. on the topic 'Life Depletes when Ozone Depletes', accompanied by a PowerPoint presentation about the topic. She familiarised ozone, ozone layer and its characteristics, stratosphere etc. She also discussed about the ozone depleting substances like CFC, carbon tetra chloride, methyl bromide etc. She also talked about the discovery of ozone depletion in 1985 by Joe-farman, Brian Gardner, and Jonatshanklin, who, using satellite, balloons and surface stations, discovered a balding patch of ozone in the upper stratosphere. Later, the discussion headed with causes of ozone depletion like man-made causes, industries and natural causes. She discussed the effect on human health by presenting some pictures of skin cancer, cataracts and other eye damages. She also dealt with the effect of ozone depletion on plants. The presentation ended with a relevant warning 'The future is up to all of us'. Ms. Amritha sang a beautiful song as an eye-opener- 'Inivarunnoru thalamurakk, ivide vaasam saadhyamo'.

##### **40) Paper Presentation 'Don't let the Future Go up in Smoke' in association with Ozone Day on 17 September 2021**

As a part of ozone day, a paper was presented by Mr. Dileesh S. on the topic 'Don't let the future go up in smoke' on 17 September 2021, accompanied by a PowerPoint presentation about the topic. He talked about the prevention of ozone layer depletion and about how we can reduce the use of Ozone Depleting Substances (ODS) like CFC, Halogenated hydrocarbon, methyl bromide, nitrous oxide etc. Mr. Dileesh S. said that we have to use HCFC instead of CFC due to using climate friendly alternatives to replace chlorofluorocarbons which release less chlorine molecules. Later, he discussed the 'preventive measures for ozone layer depletion' like don't use air conditioner or use it less often, open up windows and don't open the refrigerator for too long, get only what you need, don't linger, plant more trees etc. Then he talked about limiting the use of private vehicles. He shared his thoughts on the use eco-friendly household cleaning products. He said that one of the best solutions for Ozone depletion was by conducting awareness programmes at local, regional, national and international levels, formulating policies and authorities should conduct regular inspection of factories to stop the use of CFC in the manufacturing of products. Mr. Dileesh talked about the importance of Kyoto convention (1997 December 11). It stressed the reduction of Ozone depleting substances (ODS). He also talked about the 15th of February Kyoto protocol (2005). He gave additional information about the Clean Air Act (CAA). This was when air pollution first began to be regulated. The act was updated in 1970 and 1990. The programme concluded with an interaction session.



**41) Paper Presentation by Ms. Meenu Subhash of Natural Science in Hindi Diwas on 14 September 2021**

Sree Narayana Training College, Nedunganda celebrated Hindi Divas on 14 September 2021 in Google meet platform as a mark of acknowledgement of Hindi as the National Language. The celebration included honouring the guest, Prof. G. Saraswathi, Retd. Professor, S. N. College, Kollam., a song and a paper presentation. The paper was presented by Ms. Meenu Subhash of Natural Science Department regarding the importance of Hindi Diwas Celebration.

**42) Paper Presentation on 'We Decide' on 21 March 2022**

Health Club of SNTC conducted a paper presentation on 21 March 2022 by Sri. Mohammed Haris T. He explained clearly about down syndrome as a hereditary disease, in which a 21<sup>st</sup> chromosome is paired with a 21<sup>st</sup> chromosome pair of mysterious chromosomes in the cells of the human body. He said that it is also known as Trisomy 21 and Trisomy G, and is named after John Langdon Down, a British physician, who first described the condition in 1866. He said that the society should keep such people together and provide shade for their condition. He also added that every member of the society should provide all kinds of care and assistance to these people. The paper indeed proved to be worthy for the entire batch of student teachers.

**43) Drishti'- Students' Seminar Series from 6 April 2022 to 7 May 2022**

The Department of Educational Philosophy and Internal Quality Assurance Cell (IQAC) of Sree Narayana Training College, Nedunganda organised and conducted 'Drishti'- Students' Seminar Series from 6 April 2022 to 7 May 2022 in the online mode. It was a 10-day programme which included the presentation and discussion of ten relevant topics from Educational Philosophy. Each day, the session included the energetic participation of students as moderator and speakers. The seminar series gave a wonderful platform for the students to present their ideas, listen to others' diverse perspectives and conduct a healthy discussion on the topics. The students got an opportunity to enhance their organisational skills, besides achieving thorough content knowledge.

**5. E-CONTENT DEVELOPMENT**

**44) Blogging and Vlogging on 5 March 2022**

IT Club of Sree Narayana Training College organized the second phase of the webinar series 'Technoid: Dreams come true' in three sessions. The webinar series started from 05.03.2022 and ended in 07.11.2022. The first session in the second series was conducted by Dr. George Varghese, Assistant Professor in Education, Mount Tabor Training College, Pathanapuram. The session titled 'Blogging and Vlogging' discussed the creation of a blog, the concept of vlogging, the educational implication of online platforms etc.



**45) National Webinar on 'Blueprint of Online Teaching' as Part of 'Prabuddha-Embracing The New Normal' - Webinar Series, on 20 May 2022**

The Prabuddha Webinar Series organized by the Sree Narayana Training College and the College Union conducted a resource talk on 'Blueprint of Online Teaching' on 20 May 2022. The resource person of the webinar was Dr. Sajith S. J. Sasi, Assistant Professor and Head, Department of Hindi, Sree Narayana College, Varkala. The class was a valuable session about handling quality classes through online, how to improve the quality of teachers or 'e-teachers', and how to attend online classes effectively. As per the resource person, commitment, dedication and updation are the three mantras that makes a teacher perfect. He introduced updation in teaching skill (language and communication skill), subject updation, and updation in technology as compulsory elements for advanced teachers in present era. He introduced a training programme 'Advanced Digital Teacher Training Programme, a 21-day training programme for digital teachers, offered by White Thoughts LDC. He added that computer knowledge, proper background, using laptop for effective teaching, avoiding distractive factors, using microphone (bluetooth), proper lighting facilities etc. were essential for teaching through online media. The interactive session also proved to be highly influential to student teachers to upgrade their online skill in teaching.

**6. ONLINE ASSESSMENT OF LEARNING**

**46) Webinar on 'Preparing Tools to Assess Learner's Performance' on 22 September 2021**

Aagneyam, students union 2020-'21 of Sree Narayana Training College conducted an online resource talk on the topic 'Preparing Tools to Assess Learners' Performance' on 22 September 2021 via Google Meet. The resource person was Dr. Smitha S., Assistant Professor of Sree Narayana Training College, Nedunganda and Research Guide at Kerala University. The talk gave a new insight to students as it assisted them for expanding their knowledge base on EDU 08- Assessment in Education, which explains the Tools and Techniques for Evaluation of learner's performance. She gave a comprehensive idea about the tools such as tests, checklist, rating scale, cumulative record, questionnaire, inventory, schedule, anecdotal record and portfolio. As for techniques, she briefed on testing, scaling, observation, projects, case study, assignments, worksheets, seminars and reports. In a nutshell, it was a highly informative session. The students were highly benefited from the session both theoretically and practically.

**47) Webinar on 'Online Survey Tools' in connection with National Technology Day on 11 May 2022**

On 11 May 2022, the college organized an online programme to celebrate National Technology Day. The programme was inaugurated by Sri. B. Aburaj, Director, SIET, Kerala. On the same day itself, the second session was handled by Dr. Lakshmi A., Assistant Professor in Education, NSS Training College, Pandalam. Through the session, the resource person gave a clear-cut picture regarding online survey tools and familiarised the popular



tools like Google Forms, SurveyMonkey, Jotform, Typeform etc. to the students. It also included a practical session.

2020-2021

### 1. CAREER AND PERSONAL COUNSELLING

#### 1) **International Webinar on 'Time to Shape the Future of Education' on 25 September 2020**

Sree Narayana Training College, Nedunganda, with the collective effort of IQAC and all Departments of the college, conducted an International Webinar on the topic 'Time to Shape the Future of Education' on 25 September 2020. It was part of the webinar series 'Intelligentia beyond Disciplines'. Ms. Urnaib Shamshad, Mentor in New York Academy of Sciences, USA, PGT (Chemistry) in Ministry of Education (UAE) was the resource person. She started the session by showing a picture and stressed the need for teachers to be well equipped with the technological advancement and changing scenario, in order to inspire the children. According to her, the teachers need to change with the changing world in order to motivate the children, by listening to them in achieving their dreams. She added that in order to provide the 21<sup>st</sup> century skills to students, the teacher should be updated and change the strategy to 'Student Centred Learning', which works in four ways: through personalization of learning, competency-based learning, discovery learning and recognize that learning takes place anytime, anywhere. She emphasised the development of Learning, Literacy and Life skills as the means to acquire these. The discussion session was enriched with the interaction between the resource person and the participants. Both the students and faculty asked questions regarding child centred education, motivating students, difference between the educational systems in India and abroad, the opportunities for Indian students abroad and so on. The resource person explained the queries of the participants well by providing apt responses.

#### 2) **Webinar on 'Adhyapanathinde Aanandamargam' on 30 October 2020**

Sree Narayana Training College Nedunganda organized a webinar on the topic 'Adhyapanathile Ananthamargam' in collaboration with Internal Quality Assurance Cell (IQAC) on 30 October 2020 through Google Meet. The resource person of the webinar, Sri. Praveen R., Assistant Professor, Sree Narayana Training College, delivered the resource talk by encouraging and inspiring the students to be happy always. He distinguished the two feelings of happiness and joy into meaningful ideas. He described happiness as a choice, and pointed out that success and happiness were inter-connected. He explained freedom and fearlessness as the prerequisites for happiness. He reminded the student teachers that only when a teacher enjoys the process of teaching, he can devote himself completely to this profession. In a nutshell, he talked about the importance and greatness of the teaching profession. The session was very informative, interactive and fruitful.





**3) National Webinar on 'Online Student Engagement and Support, Teacher Readiness for Challenges and Changes' on 9 October 2020**

Sree Narayana Training College, along with IQAC, conducted a webinar on 09.10.2020 on the topic 'Online Student Engagement and Support- Teacher Readiness for Challenges and Changes'. The session was led by Sri. E. K. Jijan, Assistant Professor, Mount Tabor Training College, Pathanapuram. Sri. E. K. Jijan started his presentation about the challenges and issues faced by all teachers in pandemic situation. It included lack of facilities, network issues, audio video issues, societal expectations, parents' satisfaction interference and presence, ensuring engagement, attendance and participation, school and subject differences, stresses etc. He said that there should not be attendance or test compulsion during the pandemic situation. Planning the lessons, poor class management and control, lack of facilities in practicing school, poor method of teaching, ineffective usage of teaching aids, inability to differentiate between the needs of the individual child and supervision were identified as the major problems faced by student teachers. Also, he dealt with the practical strategies to promote student engagement, which included removing unnecessary barriers, change mind sets, give students a voice and a choice, give your students a say, engage first then connect to content, clarify your expectations students are unlikely to succeed if they do not know what is expected of them, provide specific positive and frequent feedbacks- motivation matters, create many opportunities for hands- on learning allow mistakes, use group work and collaboration, encourage students to present and share works regularly. He said that every school, college, and educational institutions use video conferencing, online classes, webinars, Moodle, direct video recording and the use of white, black and digital board etc. Then he talked about the various software that will help us to prepare digital lesson plan including MS Office, Google document, Google slide etc. It was succeeded by the preparation of achievement test and blueprint. SNTC was quite thankful to the resource person for his expertise in the selected area, which reflected in the feedback of students.

**4) Awareness Class on 'Women in Leadership- Achieving an equal future in COVID-19 World- Women Safety and Laws' on 8 March 2021**

On 8 March 2021, the Women's Club organized an awareness class on the topic 'Women Safety and Laws' in relation to International Women's Day. Adv. Bhavana Chandran of Kollam bar led an interactive session with the student teachers and teacher educators.

**5) Training Programmes on Entrepreneurship Marketing in the Digital Age, Preparation of Eco friendly materials, Preparation of cleaning lotion using Swadeshi Products, Webinar on 'Ayurveda and Immunity Boosting Measures for Self-Care'**

The Entrepreneurship club began its programmes on 27 March 2021 with a Training Programme on 'Entrepreneurial Marketing in Digital Age' sponsored by the Department of Industries and Commerce, Government of Kerala. The Training Programme was conducted by Mr. Praveen Calvin, Founder of Cazol Web Consulting & Calzol Centre for Research and Business. Mr. Praveen Calvin talked about the ability of marketing companies to track the needs of people based on their updates on social media and their involvement in selling the



identities of people to marketing firms. He talked about the ways in which we can be a successful entrepreneur like sales, marketing, choosing the right social media platforms, technological update, finding products, tracking sales, earning commissions, and joining affiliate. He then elaborated on the importance of technology in marketing by showing videos of various robots used in different scenarios. He then showed the video of a supermarket that was able to operate automatically. The most interesting video was the one with a group of plants talking to humans about what they need with the help of technology. The session proved to open a wide range of opportunities in customizing online marketing before a student teacher to start as well as maintain a YouTube channel or start an online teaching platform which will surely be an asset in future life. The session ended with formal vote of thanks. The opinion of resource person about the programme is in <https://youtu.be/gfTiFA5KWmQ>

The Entrepreneurship club trained the student teachers on 27 March 2021 to prepare eco-friendly materials since the principal focus of Sree Narayana Training College is on sustainable development. The college encouraged to produce eco-friendly materials as it is biodegradable and non-harmful to the society. The programme was sponsored by Department of Industries and Commerce, Government of Kerala. Mrs. Geethakumari N, Teacher of Aiswarya Public School, Kalakkode was the resource person. Smt. Geetha started to train the student teachers on cloth bag preparation by giving the materials to them. Then she explained paper bag production using eco-friendly materials. The student teachers immediately prepared two hundred paper bags. Then, she taught the students the making of handwash. She then promised to teach the preparation of mask and another method of paper bag via videos. After that, she taught on how to make Paper Pen using paper refiller and gum. It was quite interesting, and all of the students felt it so beneficial. The class was really effective. The session trained the student teachers to get awareness on the preparation of the materials and thereby to transfer the knowledge to their students in future. The training was beneficial as it acted as a steppingstone for starting an entrepreneurship for a person.

The college organized a workshop on preparing cleaning lotions on 25 March 2021 as part of the activities of Entrepreneurship Club of the College with the financial aid of Department of Industries and Commerce, Government of Kerala. Aswany Prasannan, Manasi R T, Avani S K, Sreekutty, Athira and Sreelekshmi were the student teachers in charge of making the lotion. They taught the rest of the students on how to make lotions. The session proved to improve the vocational skill of the student teachers which may become an asset in their future journey. After the feedback session, Vote of thanks was delivered by student teachers of the college. Student teachers were really enriched with the knowledge of preparation of several items with swadeshi products.

Also, a webinar was organized by the IQAC of Sree Narayana Training College, Nedunganda on 6 May 2021, on the topic 'Ayurveda and Immunity Boosting Measures for self-care during Covid-19 crisis' as second part of Webinar series 'Intelligentia Beyond Disciplines- Cross Disciplinary Collaboration in Education'. The resource person was Dr. Nalinakshan A., Former Pro-Vice Chancellor, Kerala University of Health Sciences, and Kerala Government's Best Ayurveda Doctor Award Winner in 2007. In reference to the topic, the doctor briefly





explained about viral, bacterial, and fungal diseases and then moved on to the outbreak of Covid-19 and its adverse effects on patient's health. He also explained about the importance of maintaining physical and mental health and suggested some ayurvedic techniques to boost our immunity and also the importance of practicing pranayama techniques to improve our respiratory system. He gave a clear explanation on the topic and the session was really useful in the present scenario. After the interactive session, the webinar ended with the national anthem.

**6) Communication Skill Training Programme on 19 May 2021**

On 19 May 2021, Internal Quality Assurance Cell (IQAC) and the Department of Malayalam, Sree Narayana Training College Nedunganda, conducted a webinar in Google Meet platform on the subject 'Am I an Inspiring Speaker?'. The aim of the session was to enhance personal development through developing communication skill among the participants. Dr Asha A. K., Assistant Professor at the Aishabai College of Education was the resource person. She handled language and communication effortlessly, embracing all the qualities of a spontaneous speaker. Dr. Asha commenced her talk with a Winston Churchill quote that inspired the Brits, "This was their finest hour. Do not let us speak of darker days, let us speak rather of sterner days." Most of the renowned speakers of the world had a day. She emphasised to communicate using simple words which are context appropriate, with the correct intention and pronunciation. Dr. Asha concluded her words, by saying that as Julius Caesar put it, either go ahead and succeed or surrender and die. The programme helped to improve the communication skill of student teachers and encouraged them to speak confidently. The programme came to a close with the National Anthem.

**7) National Webinar on 'The Art of Mindfulness- Means to Foster Self-Empowerment' on 25 May 2021**

IQAC of Sree Narayana Training College, Nedunganda conducted a Webinar on the topic THE ART OF MINDFULNESS – MEANS TO FOSTER SELF EMPOWERMENT on 25 May 2021, Tuesday in Google Meet platform. Dr. Giby Geevarughese, Associate Professor in Mar Theophilus College, Thiruvananthapuram, Kerala was the resource person. She commenced the session with Sudharshanakreeya and make to use 'Swa... Ham..' technique. Proper breathing gives mindfulness. Then she introduced four questions for mindfulness, Who am I?, What you are doing?, What am I supposed to do?, What I have to do? as thought provoking one to the audience. The reflection and interaction witness the effectiveness of the resource talk.



## **2. SKILL ENHANCEMENT IN ACADEMIC, TECHNICAL AND ORGANIZATIONAL ASPECTS**

### **a) Academic Aspects**

#### **8) Webinar on Minor Research Project on 30 July 2020**

As a part of B.Ed. curriculum, University of Kerala has introduced minor research project in third semester. In order to acquaint with the minor research for the students, the college organized a training programme on 30 July 2020 along with IQAC. The resource person was Dr. Smitha S, Assistant Professor in Sree Narayana Training College, Nedunganda. She delivered an eminent class on the minor research project which included case study, action research and survey research. The session was highly effective and the students clarified their doubts with the resource person. The resource person corrected the title for research suggested by the students. Vote of thanks for the session was done by Ms. Aswany Prasannan.

#### **9) Debate on 'Environmental Hygiene and Environmental laws in EDU-11' on 4 March 2021**

A Debate Competition was conducted on the topic 'Hygiene and Environmental Laws in EDU-11' on 4 March 2021. Mr. Dileesh and Mr. Akash were the moderators. There were 12 participants and they were divided into teams of 6. A judge was chosen from the senior batch students. The Debate began with the usual procedure of inaugural address. A team was taken for opposing and supporting the environmental hygiene and laws related to environment. In this, the students who supported environmental laws pointed out the benefits of introduction of environmental laws in our constitution as amendments and thereby make it as fundamental duty. The team who opposed mentioned about the bribing occurs in sanctioning factories as well as constructions. They undoubtedly mentioned about the loop holes present in the constitution and suggested some measures against such ill effects. Then the roles of presentation were reversed and everyone got the chance for opposing and supporting the topic. The winners were awarded and the debate winded up with national anthem.

#### **10) Capacity Building Programme on 12 March 2021**

A workshop on teacher personality spectrum was conducted on 12 March 2021 at Sree Narayana college, Nedunganda. The resource person of the session was Sri. Vishnu Prasad M. V., HRM Srishti Innovative Technopark Trivandrum and Trainer, NaiTER and VaCCT, Thiruvananthapuram. The session opened with the blessings of God and the prayer was sung by the college prayer team. The principal of the college Dr. Sheeba P, delivered the presidential address. It was followed by the welcome address done by the coordinator of the program Dr. Sangeetha N. R. All of the students enjoyed the workshop and it was filled with joy and laughter. The resource person made the class lively and active throughout the session with different activities. It was a perfect session and he also explained the different teacher





personality traits including leadership, passion, flexibility, collaborative, respectful, compassion, approachable and patience. The end result of the session is to find out the individual personality trait of each student. The session was altogether a great success and the students were grateful to the resource person and the coordinator of the program.

#### **b) Technical Aspects**

##### **11) National Webinar on 'Library at your Fingertips' on 28 August 2020**

IQAC of SNTC, Nedunganda organized a webinar series 'Intelligentia beyond Disciplines- Cross Disciplinary collaboration in education' with all departments of college. The second webinar of the series was on the topic 'Library at your Fingertips' on 28 August 2020. The basic purpose of the webinar was to help the public to understand the possibilities of Digital Library. Sri. Karingannur Sreekumar (Scientific Information Officer, College of Engineering, TVPM) and Sri. Alex. C O. (Managing Director, Libsoft Solutions, TVPM) were the resource persons. They conducted resource talks on the topics 'Digital Library- An Introduction' and 'Web-based Digital Library' respectively. Above 100 participants attended the webinar. The webinar was presided by Dr. Sheeba P. (Principal, SNTC). She wished a grand success for the webinar. In the Q&A session, the students clarified their doubts regarding the areas covered. The formal session came to an end with vote of thanks by Artdhanadevi P. The Webinar winded up with the National Anthem.

##### **12) Webinar on 'Virtual Tour' on 11 September 2020**


A webinar on virtual tour was conducted by Smt. Chitra S., Assistant Professor in General Education of Sree Narayana Training College, Nedunganda. The programme convenor, Dr. Sheeba P., Principal of the college had delivered the presidential address. The resource person took virtual tour to Taj Mahal and shared the experiences through an online video meeting. The timing of the tour was 10 AM. The link for online meeting was sent to students in google meet to join the Virtual Tour of Taj Mahal. It was an online interactive adventure through beautiful photos and videos of Taj mahal. The resource person showed each and every detail about Taj Mahal which included inlay work in the marble, Garden of Taj Mahal and amazing reflection in the water channels of Taj Mahal complex. The resource person also explained the history of Taj Mahal along with the love story behind the monument. All the students were very excited and enjoyed the virtual tour very much.

#### **c) Organisational Aspects**

##### **13) Corona Awareness Programme on 7 February 2020**

An Awareness Programme on 'Coronavirus' was conducted at Sree Narayana Training College, Nedunganda on 7 February 2020. The main objective of the programme was to give a complete awareness on the Coronavirus disease, about coronavirus, its symptoms, prevention and need for precaution to the student teachers. The awareness programme gave a clear-cut idea about the basic information regarding the Coronavirus. Awareness class was



  
Principal  
Sree Narayana Training College  
Nedunganda

dealt by the student teachers Aswathy S. and Hena S. of second year batch. The programme was conducted in two sessions. In the first session, Aswathy explained about the history and microbiology of the coronavirus. Hena explained about the major symptoms and precautions to be taken as the next session. She described that the common symptoms of coronavirus included respiratory symptoms, fever, cough, shortness of breath, and breathing difficulties. She added that in more severe cases, infections could cause pneumonia, severe acute respiratory syndrome, kidney failure and even death. The awareness programme was concluded with the reflection of the student teachers of junior batch. Kiran and Aparna reflected on the class on coronavirus. Finally, a vote of thanks for the programme was given by Aswathy marking the closure of the programme.

**14) Webinar on M.T. Dinam on 17 July 2020**

The Malayalam Department of Sree Narayana Training College organized a webinar to honour and offer a tribute to one of the versatile writers of Malayalam literature, Sri. M. T. Vasudevan Nair on 17 July 2020 in the online platform Google Meet. The resource person was Revathy A., one of the students of Malayalam Department. The principal of SNTC delivered the presidential address and gave a brief introduction about the author. Arya A. R. of Malayalam Department shared one of her favourite poems written by M.T. Then the programme stepped into its best part which was an interesting and informative session by the resource person Revathy A. Her talk provided an in-depth knowledge about the iconic writer by detailing his biography and quoting his path-breaking works in Malayalam literature with the help of slide presentations. This was followed by a video presentation on the life journey of M.T. Later, in the interactive session, many students shared their interest in reading M.T's works and shared their favourite works. Followed by that, Liya J. delivered the vote of thanks. The programme was highly informative and interactive. The session concluded with the National Anthem.

**15) Wetlands Day Quiz Competition on 2 February 2021**

Sree Narayana Training College, Nedunganda organised various programmes by student volunteers in connection with World Wetland Day Celebration on 2, 3 and 4 Feb 2021. The programmes were conducted in accordance with the theme 'Wetlands and Water' in order to give awareness to the student teachers about importance of wetlands. Pencil drawing competition was organised by the Department of Natural Science. The instant theme given for the competition was 'Water is Precious'. Creative ideas of the students were seen in their respective pictures. Two students from each department participated in a quiz programme conducted in association with the wetland day which consisted of two levels- preliminary and mains. All students showed excellent performance. Although, the winners were Avani V R and Meenu M J from English Department. The winners were awarded with certificates. The celebration paved the way to create awareness among the students to protect our earth and its valuable life.





**16) National Science Day Celebration from 22 to 27 February 2021**

Numerous programmes were conducted in Sree Narayana Training College, Nedunganda on behalf of National Science Day 2021. A very interesting Treasure Hunt Competition was conducted on 27.02.2021 under the leadership of Ms. Akshaya K. It was an optional wise game and each team consisted of 3 members. Each team was given a colour and was asked to look for the clue cards of the corresponding colours that consisted of riddles. The first card was given to them at 1.15pm and the first team which collected brought all the clue cards along with the treasure card was considered as the winner. Mathematics Team (Mr. Akash D. S., Mr. Sajin Dev S. & Ms. Thirisa S. Prasad) won the competition. A Debate Competition was conducted on the topic 'India's investment to be focused more on scientific research and development or in accomplishing the basic amenities to the needy'. Ms. Reshma G. S. and Mr. Dileesh S. were the moderators. There were 12 participants, and they were divided into team of 6. Dr. Dhanya B. Chandran (Assistant Professor, SNTC) was the judge for the debate. Based on the performance, 4 finalists were chosen- Sajin Dev S., Muhammed Haris T., Abhina and Akhila. They were given the topic 'Is Encroachment of Technology in our day-to-day life a blessing or curse?'. Each one of them were given 4 minutes- 2 to argue for and 2 to argue against. After the competition, Dr. Dhanya declared Muhammed Haris T. from the Dept. of Social Science as the Best Debater. Ms. Abhina from the Dept. of Malayalam was awarded the second position. On 28.02.2021, a Quiz competition was conducted. A team of 3 members participated from each department. It was moderated by Ms. Sruthy S. Pillai. Ms. Dhanya B. and Ms. Aiswarya T. recorded the marks scored by each team. The first round was on basic science and the quizmaster was Ms. Swathy J. P. Each team was asked one question each. The correct answers on first attempt were awarded 5 marks and pass questions were given 3 marks. The second round was riddle round carried out by Ms. Sreelekshmi M. S. Each team was asked one question each and marking was similar to first round. The third round was an audio-visual round and quizmaster was Ms. Pooja J. B. An audio and a visual of famous personalities were to be identified by the participants. Marking was same as the first two rounds. Based on the total marks scored at the end of third round, 3 teams were selected for the finals. The final round was a rapid fire round conducted by Ms. Megha. Each team was allotted 30 seconds and each correct answer was awarded 5 marks. At the end, team Natural Science (Ms. Amrutha Prakash, Mr. Sumith and Ms. Anagha) bagged the first position with 25 points. Team English (Ms. Avani V. R., Ms. Meenu M. J., Ms. Athira Jayakumar) won the second position.

**17) International Women's Day Programmes from 1 to 8 March 2021**

The Women's Study Unit of Sree Narayana Training College organized International Women's Day 2021 with a series of programmes. On 1 March 2021 a Collage Making Competition and on 2 March 2021, a Caption Writing Competition were held by the club. On 3 March 2021, a Story Writing Competition was held in the college and on 4 March 2021, a Debate Competition on 'Kulastreekalum Chattakoodukalum' was held. It was organized as an inter-optional competition. Dr. Dhanya B. Chandran, Assistant Professor of Sree Narayana



Training College evaluated the various competitions and the winners were presented prizes on International Women's Day 2021. On 5 March 2021, a recreational game activity 'Pop the Balloon' programme was organized for the students by the club members. On 8 March 2021, a seminar was organized on the topic 'Women and Legal Issues'. Advocate Bhavana Chandran of Kollam Bar Association was the resource person. The session included a thematic presentation and interactive session.

#### **18) SUPW Exhibition and Food Fest on 20 March 2021**

The College Union conducted an exhibition on SUPW and art works on 20 March 2021. SUPW materials included the teaching learning materials, books prepared by the pages they teared from old ones. The paper made by the students using newspaper waste was also shown in the exhibition. The importance of recycling and minimalization were made aware to the student teachers through the SUPW exhibition. The student teachers also understood the production of different materials which they sometimes left without considering its value. Indeed this exhibition developed their aesthetic talents as well as creative capacity. Along with this, a Food Fest was also arranged with traditional multi-course vegetarian meal of Kerala, Sadhya, Chinese dishes and nadan tattukada. It was a fine learning experience for the student teachers. This helped the students to learn teamwork, collaboration and creativity.

#### **19) Webinar on Art Education on 5 December 2020**

Sree Narayana Training College, Nedunganda organized a webinar on Art Education on 5 December 2020 in the online platform, Google Meet. The resource person was Ms. Veena M. B., dance instructor at Attingal Progressive Arts Club, and an Alumni of the college. Ms. Veena M. B. started her talk by sharing the influence the B.Ed. course had in her life. She defined art as the expression or application of human creative skill and imagination and discussed briefly on various branches of art like painting, music, literature, dance etc. She also mentioned ancient texts like Ardhasasthra, Natyasasthra, Bhagawatam, Mahabharatam, which contained details of nearly 64 art forms existed in Puranic Bharat. Then she discussed two types of art forms-sukumarakalakal and upayogakalakal with examples. Then, Ms. Veena defined art education as the set of instructions on how to use the language of art. She also added that everyone is unique and encouraged the student teachers to find the talent in them and make use of it in their teaching practice. She briefed on teaching through music, dance etc. Then she detailed on single hand gestures and double hand gestures and winded up her talk by showing it. The 45-minute resource talk was followed by an interactive session. In this, she briefed on her teaching experience in teaching mathematical theorems through Ottan Thullal and the response she received from her students.

#### **20) Resource Talk on BURNING LIPS TO DARING LIFE in connection with World No Tobacco Day, on 31 May 2021**

Sree Narayana Training College, in relation to Anti-tobacco day, organised a Resource Talk on BURNING LIPS TO DARING LIFE by Dr. Salini V. S., Consultant Scientist, Institution for Rural Development, Thiruvananthapuram, organised by 'Aagneyam'- College Union,





SNTC, in connection with World No Tobacco Day, on 31 May 2021. Also, Fun Video Making, Story Writing, Essay Competition, Elocution and Intercollegiate logo creation competition were organized and conducted by Health Club on 31.05.2021. Fun video making had a theme of anti-tobacco ideology, 'Burning thoughts on smoky lips' for story writing, 'Heal or wheel- ciggies you decide' for essay writing competitions etc. Also for elocution competition, 'Substance abuse and new generation' was the topic. Brochures of these competitions were circulated among various WhatsApp groups. The entries were collected by a WhatsApp group which was started for this purpose. Winners were given certificates.

### **3. COMMUNICATING WITH PERSONS OF DIFFERENT DISABILITIES: BRAILLE, SIGN LANGUAGE AND SPEECH TRAINING**

#### **21) Institutional Visit – Light to Blind School on 3 August 2020**

As a part of the B.Ed. curriculum, senior students of Sree Narayana Training College, Nedunganda visited the institution of special residential school for visually challenged children on 3 August 2020. This school was located at Sivagiri, Varkala. This institutional visit provided the student teachers new learning opportunities and welcomed them to know more about the learning materials of inclusive students, learning strategies, their abilities to reduce prejudices and strengthen social integration of teaching. The faculty in the school taught the college students the various learning aids used for children in the inclusive classrooms. It enabled the students teachers in getting adequate knowledge and provided them innovative experiences that integrated inclusive education and children associated with it in realising their right to education and the need to transform the whole education system, while incorporating qualities needed for the student teachers in working and learning in an inclusive environment.

### **4) CAPABILITY TO DEVELOP A SEMINAR PAPER AND A RESEARCH PAPER; UNDERSTAND/APPRECIATE THE DIFFERENCE BETWEEN THE TWO**

#### **22) Paper Presentation on "Perseverance Rover" on 23<sup>rd</sup> February 2021**

On the second day of science day celebrations 2021, on 23 February 2021, a paper presentation on 'PERSEVERANCE ROVER' was carried out by Ms. Darsana Prakash of Physical Science Department. Ms. Darsana Prakash briefly described about this mission of NASA on Mars to study about its atmosphere, to check the presence of water, habitat and so on. She explained it as a mission for 10 years and as equipped with machineries to collect nearly 30 samples from there, and that it landed on Jezero Crater. She also added that the landing section of this mission was controlled by Ms. Swati Mohan, an Indian American Scientist. It was a 10-minute presentation and really informative and interesting.

## 5. E-CONTENT DEVELOPMENT

### 23) **Webinar Series- 'Technoid: Dreams Come True' from 11 March 2021 to 20 May 2021**

IT Club of Sree Narayana Training College, Nedunganda organised a webinar series Technoid: Dreams Come True in five sessions for increasing the knowledge of the students in technical skills. The webinar series started from 11 March 2021 and ended by 20 May 2021. The first session in the series was handled by Dr. Lakshmi A., Assistant Professor in Education, N.S.S. Training College, Pandalam. The session discussed topics like Kahoot, Quizizz and other evaluation tools. In the second session, the resource person was Dr. George Varghese, Assistant Professor in Education, Mount Tabor Training College, Pathanapuram. That session was meant for the explanation of blog creation, video creation and multimedia applications like Jamboard. The third session of the webinar was intended to give an idea regarding e-learning and e- content development. In this session, the resource talk was made by Dr. Velayudhan Nair T., Assistant Professor in English Education, Peet Memorial Training College, Mavelikara. In the fourth session, the resource person was Mr. Jijan E. K., Assistant Professor in Education, Mount Tabor Training College, Pathanapuram. This session introduced major online instructional tools. In the fifth session, the resource talk was made by Dr. K. S. Sajan, Assistant Professor in Education, N.S.S. Training College, Ottapalam. In this last session of the webinar series, he introduced the LMS platform MOODLE and its applications. All the sessions were very informative and interactive. During the interactive phase, the students remained very active and clarified their doubts. The valedictory session of the webinar series was on 9 June 2021. The valedictory address was done by Sri. K. Anvar Sadath, Chief Executive Officer, KITE. Dr. Sheeba P., Principal, SNTC delivered the keynote address. The programme was coordinated by Smt. Chitra S., Assistant Professor, SNTC and convened by Dr. Dhanya B. Chandran, Assistant Professor, SNTC. The entire sessions of the webinar were organized by the IT Club of SNTC. The student members of the club were very active throughout the webinar and worked enthusiastically for the successful conduct of the webinar. The webinar series really opened up a window to explore the enormous potentials of Digital Technology.

## 6. ONLINE ASSESSMENT OF LEARNING

### 24) **Webinar on 'Preparing Tools to Assess Learner's Performance'**

Sree Narayana Training College conducted an online resource talk on the topic 'Preparing Tools to Assess Learners' Performance' on 14 July 2020 via Google Meet. Dr. Smitha S., Assistant Professor of Sree Narayana Training College, Nedunganda was the resource person of the programme. The talk explained the different Tools and Techniques for Evaluation of learners' performance. A brief explanation of the tools such as tests, checklist, Rating scale, cumulative record, questionnaire, inventory, schedule, anecdotal record and portfolio was provided in the session. The resource person also talked about testing, scaling, observation,





projects, case study, assignments, worksheets, seminars and reports. The session was an informative one for all the student teachers to enrich their technical skills.

## 25) **Online Examination (Internal)**

Online examinations were conducted by teachers of Sree Narayana Training College during the pandemic period to make the students familiar with the changing pattern of examination mode from online to offline. The teachers also monitored the examination through google meet and the students attended the examination by opening their camera in a mute mode. The answer sheets were also submitted through online mode. As part of the online examination introduced by the University of Kerala in the revised two year B.Ed curriculum, the college took initiative in developing online examination tools for the students. Online multiple choice questions were prepared by the faculty through google form.

<https://forms.gle/57aUAiwX9WMgP1Co6>

<https://forms.gle/p4yGVNb8vrfyJ5AW9>

<https://forms.gle/G8WgXVDBQ4Nse5Re6>

## 26) **Online Assignment**

The teacher educators of Sree Narayana Training College gave assignments for student teachers to submit in online mode. The topics were given to students on varied subjects and the students submitted assignment in google classroom which was further evaluated by student teachers.

## 27) **Online Practice Teaching**

The student teachers at Sree Narayana Training College did their practice teaching in the online mode. The student teachers of each optional subject were allotted to different schools for online practice teaching. It provided the student teachers to learn more about the school and the changing pattern of teaching from traditional classroom to virtual classroom.

2019-2020

## 1. **CAREER AND PERSONAL COUNSELLING**

### 1) **International Yoga Day on 21 June 2019**

Sree Narayana Training College, Nedunganda celebrated the International Day of Yoga on 21 June 2019 by organizing a State Level Seminar on Yogic Sciences. The seminar highlighted the theme of international yoga day 2019 'Yoga with Gurus'. Dr. A. Shershah, Associate Professor and HOD, Department of Physical Education, TKM Arts and Science College, Kollam, was the Resource Person and he delivered a talk on 'Relevance of Physical Fitness among College Students'. In his words, "Yoga is an invaluable gift from our ancient tradition.



It embodies the unity of mind & body, thought, and action, a holistic approach that is valuable to our health & well-being. It is not only exercise but also the way to discover the senses of oneness with you, the world and nature". The audience got more valuable information about the rich therapeutic aspects of Yoga for their personal fitness and mental health among student teachers. The next session was presentation of research papers by invited research scholars. There were participants from Arts and Science Colleges, Engineering Colleges and Nursing Colleges. Many scholastic works on the benefits of Yoga were presented. Dr. Deepu P. R. was the judge for the session. The best three papers were acknowledged with First, Second and Third prizes.

## **2) Entrepreneurship Awareness Programme on 16 August 2019**

The Entrepreneurship Development Cell in collaboration with Industries and Commerce Department, Government of Kerala, conducted an Entrepreneurship Awareness programme for the student-teachers on 16 August 2019 in the college auditorium. This was led by Sri. N. C. Anilkumar, Taluk Industrial Officer, Chirayinkeezhu; Sri. Chemman L. S., Industries Extension Officer, Varkala Block Panchayat; and Smt. Jayanthi V, Industries Extension Officer, Chirayinkeezhu Block Panchayat. The programme was very useful, interesting, informative and helped the student teachers in gaining knowledge for being a successful entrepreneur.

## **3) K TET, C TET, NET Orientation by Teachers on 2 December 2019**

Career Guidance and Placement Bureau of SNTC, in collaboration with IQAC of Sree Narayana Training College, Nedunganda, conducted an orientation class for various eligibility examinations conducted by Government of Kerala and Central Government. The orientation class was conducted on 2 December 2019 by Sri. Dibeesh Babu V. I., Director, Florence Academy, Thiruvananthapuram. He had an experience of training students for more than 10 years in his own academy and he is an expert in handling teaching aptitude and Educational Psychology. The objective of the programme was to give necessary guidance to the students to face the examination in this competitive contemporary world. Sri. Dibeesh Babu V. I. pinpointed the frequently asked questions and portions, memory techniques etc. which would certainly prove to reflect in the students' results in the qualifying examinations.

## **4) Memory Techniques 'Ormayude Rasathantram' on 7 December 2019**

On 7 December 2019, a programme on Memory Techniques named 'Ormayude Rasathantram' was organized by the Entrepreneurship Cell with an intention to motivate student teachers to equip them with certain strategies in sharpening their memory. The Resource Person was Sri. Rajesh Maheswar, a well-known psychologist, and an experienced memory trainer. The programme was really inspiring, and the students were well trained with some coding strategies and various psychological techniques for their future teaching-learning purposes. The programme would undoubtedly help to enhance their teaching-learning skills as the student teachers have to memorize many concepts in their teaching process. The session ended with a formal vote of thanks.





#### **5) Programme on the 'Success Stories of Blooming Entrepreneurs' on 10 January 2020**

On 10 January 2020, the Entrepreneurship Development Cell organized a programme on 'Success Stories of Blooming Entrepreneurs'. The programme provided a rare opportunity to the student teachers to know, share and get inspired with the real-life stories of successful entrepreneurs. Besides this, the student teachers who were engaged in any form of entrepreneurial ventures out of their passion, shared their experiences. This proved to be a real motivation for all students to pursue their interests.

#### **6) Session on Soft Skill Development on 8 January 2020**

A session on Soft Skill Development was conducted by Dr. Sangeetha N. R., Assistant Professor, Sree Narayana Training College, Nedunganda on 08 January 2020 as a part of capacity development programme. The session was meant for enhancing the performance of prospective teachers. This was an effective session for the student teachers to develop interpersonal skills, communication skills, listening skills, time management, leadership quality, empathy etc. The class helped the prospective teachers to improve their interpersonal relationships which they practiced during their usual class and practice teaching sessions. The session ended with a formal vote of thanks after the discussions.

#### **7) Activities in connection with Bridge Courses**

Bridge courses help the students to cope up with the transition from one course to a new course. Sree Narayana Training College is very cautious about the mental health of the students. So, a bridge course was conducted for the prospective teachers as they enter a professional course directly from the Arts and Science College, expecting the same routine in this course also. Bridge course was conducted by the teacher educators for the student teachers during the first week of admission to the course. In this session, the students were made aware about the values and expectations of a society from teachers. The bridge course also provided them with the necessary routine to be followed in the college from the morning assembly which included thought for the day, news reading, familiarizing the difficult and new words both in English and Malayalam, class hours and its norms, the syllabus, way of internal and external practical examination, scoring of marks in each semester, their internal work, teaching practice, community living camp, study tours etc. The session proved to provide awareness about the importance and responsibilities rested on the student teachers and the roles they have to fulfil in society.

#### **8) Yoga and Meditation**

Sree Narayana Training College, in association with Department of Physical Education, conducted yoga and meditation session in the college throughout the year in order to raise the good health, mental hygiene, emotional stability, moral values, higher level of consciousness among the student teachers. This proved to be highly useful in handling the classes in their practice teaching schools and future teaching fields. Yama, niyama, asana, prananyama,



pratyahara, dharana, dyana, Samadhi were taught by the trained expert Sri. Amjith S, Assistant Professor in Physical Education of the college, on a daily basis. This session proved to be a success in balancing the hemisphere of the brain, healthy emotional development, academic performance, physical health, critical thinking capacity, developing values etc. in the student teachers and also to handle their tensions and emotions in a healthy way. Also, the meditation provided along with the sessions proved to be worthy for the student teachers to make their body disease free, trauma free memory and with free soul.

#### **9) Remedial Coaching**

A personal remedial programme was organized by Sree Narayana Training College in association with all Departments in order to give remedial individualized instruction to the needy students. From the class tests and midterm tests, teachers get an awareness about the academic achievement of the students. As academic achievement is inevitable for the progression of student teachers, the entire teaching faculty of the college focuses on the performance of the students while writing examination and based on it, the teachers pick the students who require individual attention for different reasons. Accordingly, classes are arranged in the morning and evening time to give immense training in the subjects by considering the weak areas for them. This practice of providing remedial coaching sessions proved to be a success in University Examination as well as for qualifying the Competitive examinations.

#### **10) Personal Counselling and Mentoring**

Mentor Teaching is proved to be a successful one in the history of Sree Narayana Training College. As a usual procedure, from the starting of a semester itself, the teachers divide the entire newly arrived candidates into ten different groups with an intention to provide personal counselling and mentoring throughout the year. The mentoring process includes the guidelines for the talent hunt, individualized guidance and counselling process for different matters including education and vocation etc. This is proved to be effective in the life of every mentee to be able to face the challenging situations in life.

#### **11) National Legal Awareness Programme on 7 March 2020**

Sree Narayana Training College, Nedunganda organised a one-day National Level Legal Awareness Programme sponsored by National Commission for Women (NCW), Govt. of India on 7 March 2020. As per the direction of NCW, the two laws selected for discussion were Family Law- Marriage & Divorce and Cyber Law. The seminar was inaugurated by Sri. V. Sasi, Honourable Deputy Speaker of Kerala Legislative Assembly. He stressed the importance of organizing the Legal Awareness Programmes in order to enable women and girls to know their legal rights and to understand the procedure and method of access to the legal systems. He emphasized that the primary mandate of the National Commission for Women is to seek justice for women, safeguard their rights, and promote women's empowerment. Adv. Supriya Devayani, introduced the theme 'Women and Indian Constitution' through an excellent talk by giving an overview of the existing laws and





constitutional provisions to protect women. The theme of the first technical session was 'Family Law- Marriage & Divorce' by Shri. Dr. Alexander Jacob I.P.S., D.G.P. Kerala (Rtd.). He highlighted the importance of family and said that inadequate education or no education is the most important factor contributing to the backwardness of our masses, especially women which brings down the national literacy and the session discussed many issues related to Marriage, Hindu Law on Marriage and Divorce, Muslim Law on Marriage and Divorce, Christian Law on Marriage and Divorce, The Parsi Marriage and Divorce Act, 1936, The Special Marriage Act, 1954, Adoption Cases, Conditions for a Valid Marriage, Procedure for Remedy etc. The theme of the second technical session was 'Cyber Law' and issues related to Cybercrimes. The Cyber Cell, Kerala arranged two eminent cyber experts Sri. Anil Kumar, Sub Inspector, and Sri. Adheen Asok, cyber experts, Cyber Cell, Kerala. The Resource Persons shared many case studies from the real experiences and remedies from their expertise as they do deal with several cases every day. They discussed a number of anecdotes related to Cyber Crimes against Women, Harassment through e-mails, Cyber stalking, Child pornography, Cyber bullying, and Cyber grooming. The session was also very much fruitful to the audience as the resource persons suggested many procedures for remedies and measures for online safety from the real-life contexts. Thirty-one papers were also presented in paper presentation sessions. The programme was well attended by the delegates from different colleges of various Universities in Kerala; academicians, research scholars, U.G. & P.G. students from different Law and Arts and Science colleges. The presence of members from different Self-Help Groups in the local area was the major attraction of the Programme.

## **2. SKILL ENHANCEMENT IN ACADEMIC, TECHNICAL AND ORGANIZATIONAL ASPECTS**

### **a) Academic Aspects**

#### **12) Seminar on 'Moulding Prospective Teachers' as part of Bridge Course on 08 July 2019**

A seminar on 'Moulding Prospective Teachers' as part of bridge course was conducted by the college on 08 July 2019. Every year, bridge courses are conducted by the college on the first week of the course itself in order to make the students familiar with the course. It includes the orientation about the syllabus, curricular and co-curricular activities, information about arts festivals, day celebrations, talent hunt, internal and external examination, teaching practice etc. For this purpose, the college conducted a seminar along with the bridge course to build a positive attitude in student teachers towards the teaching profession. This enhanced the creativity and shaped the personality of the student teachers for opting the course in an efficient way.



### **13) One Day Seminar on Minor Research Projects on 11 June 2019**

The University of Kerala introduced minor research project in the third semester for B.Ed. students from 2017 onwards. For this, the students had to familiarize the research steps. Accordingly, the college arranged a seminar on minor research project on 11.06.2019. The resource persons were Dr. Smitha S. and Dr. Sangeetha N. R. They provided a clear idea to the students about research projects, the steps involved and the different types of research methods such as experimental research, case study, action research and survey research. The session was highly effective and the students clarified their doubts with the resource persons. The vote of thanks for the session was delivered by Ms. Neethu M.G.

### **14) National Seminar on NEP on 19 August 2019**

A National Seminar on National Education Policy (NEP) was arranged by the Department of Social Science on 19.08.2019. The thematic session started with the introduction of the guest Dr. Gopinathan Pillai, a Former Faculty of the Institute of Management in Government and University of Kerala. Through the session, the resource person explained about the various aspects of the National Education Policy 2019 and clarified the doubts of the participants. The second thematic session was led by Dr. R. Mukundan, Former Principal at NVKSD College of education, Attoor. He explained about the impact of National Education Policy 2019 in the teacher education stream and clarified the doubts of the participants. The third session was the paper presentation session. The sub topics covered in the paper presentation was as follows:

Impact of NPE 2019 in

- Radical Restructuring in Education
- Democratization in Teacher Education
- Reinvigorated Educational Eco-system for a vibrant new India

The seminar concluded with the vote of thanks by Dr. Pramod G. Nair, the programme coordinator, followed by National Anthem.


### **b) Technical Aspects**

### **15) Manuscript Magazines**

The Magazine Committee was established on 26 January 2020. The literary expertise, technical knowledge and creativity of our future teachers led to the birth of the College Manuscript Magazines. All six optional departments prepared and submitted their Manuscript Magazines on 26 February 2020. The Magazines were named as 'Kannaanthali' (Department of English), 'Naaraayam' (Department of Malayalam), 'Oodum Paavum' (Department of Mathematics), 'Mashithandu' (Department of Social Science), 'Vaadiya MalarilumMashiyk Parayuvan Kadhakalund' (Department of Natural Science), and 'Lipikal Varacha Varnangal' (Department of Physical Science). The manuscript magazines include articles from all the students showcasing their literary skills.

The link of the manuscript magazines are as follows:



  
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Department of English

<https://online.fliphtml5.com/vfyrf/yutq/?1617278396905>

Department of Malayalam

<https://online.fliphtml5.com/epusy/sgnx/?1617269323927>

Department of Mathematics

<https://online.fliphtml5.com/epusy/mmfd/?1617269224059>

Department of Physical Science

<https://online.fliphtml5.com/epusy/wsth/?1617262557158>

Department of Natural Science

<https://online.fliphtml5.com/vfyrf/nbhf/?1617339265163>

Department of Social Science

<https://online.fliphtml5.com/vfyrf/fmqf/?1617339463408>

### **c) Organisational Aspects**

#### **16) World Environment Day Celebration on 5 June 2019**

Sooryakanthi Nature Club and Bhoomithrasena Club, SNTC celebrated the World Environment Day on 5 June 2019. On that day, the student teachers visited the nearby papanasam beach and cleaned there. Then they planted saplings on the sides of the beach road and gave an awareness to the natives about the importance of plantations and the need to conserve the greenery of the earth.

#### **17) Explanation for Daivadasakam on 14 June 2019**

Daivadasakam is a prayer penned by the renowned spiritual leader and social reformer Sree Narayana Guru. An enlightening class on the explanation of Daivadasakam was conducted by Sri. Praveen R., Assistant Professor in Malayalam, on 14 June 2019. He gave a detailed, yet simplified knowledge on the ten verses in it. The correct meaning and values hidden in the words of Narayana Guru was detailed by him. He also gave a brief history of Sree Narayana Guru and the background of writing the prayer. He clarified the doubts of students during the interactive session. This interactive and informative programme helped the students to dive into the in-depth essence of Daivadasakam.

#### **18) Retreat on 21 July 2019**

The Retreat Programme 2019 of Sree Narayana Training College, Nedunganda was conducted on 21 July 2019. The programme was conducted for the first year students for exposing their hidden talents. The teachers of the college also took part in the session. It was an ice-breaking session for the first year students for reducing their stage fright and tension. The entire programme was filled with colourful programmes. The purpose of this programme was to welcome the students in a friendly atmosphere and to encourage their creative impulses and boost their confidence. Around 90 student teachers participated in the programme. The Retreat Programme 2019 was really a memorable and unique experience to all the student teachers.



  
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### **19) Fresher's Day on 30 August 2019**

As a part of the B.Ed. course, the student union of Sree Narayana Training College, Nedunganda organised the fresher's day programme on 30 August 2019 at the college auditorium. After the inauguration, all the students lit candles and made the inauguration more beautiful and peaceful. Various cultural activities were conducted by the student teachers to make the freshers day quite enchanting.

### **20) National Science Day Celebrations from 26 to 28 February 2020**

National Science Day 2020 was celebrated in the college from 26 February 2020 to 28 February 2020 in a befitting manner. The programme was convened by Dr. Viji V., Assistant Professor in Physical Science. The student teachers of the college actively participated in the programme. A Scientist Impersonation programme was conducted as a part of Science Day Celebrations on 26 February 2020. Student teachers, masqueraded as scientists, narrated their life and scientific contributions to high school children to inspire them. A Science Play on the Life Span of Plastic was enacted by student teachers on 27 February 2020 in which the protagonist and antagonist were plastic, so as to create public awareness on the harmful effects of plastic use. A resource talk on the 'Role of Women in Indian Space Arena' was led by Smt. Jayanthi V. (Head, Quality Division Flight Software, VSSC). Smt. Jayanthi V. led an inspiring talk about the prospects of women in the Indian scenario. She highlighted the challenges encountered by women associated with Space Technology, in the light of her own experiences. She gave a brief description about the nature of work at ISRO, and the opportunities available to students to conduct research at ISRO. A tabloid named 'Science Reminisce', depicting the scientific innovations of 2019 in the chronological order, was created and released during the function. As a part of the Science Day celebrations, a Science Exhibition displaying creative science models and experiments were organized for high school students. Also an Intercollegiate Science Quiz Competition 'Realia' was conducted in the college on 28 February 2020. The winners were honoured with cash prizes worth Rs. 1500/-, Rs. 1000/- and Rs. 500/- respectively, along with certificates. All the participants were provided with participation certificates also.

### **21) International Women's Day Celebration on 8 March 2020**

On 8 March 2020, the Women's Study Unit of the college organised an awareness class on the topic *Women Safety And Laws* in relation to International Women's Day 2020. Advocate Bhavana Chandran of Kollam bar led an interactive session with the student teachers and teacher educators. The club also planned to conduct an awareness programme related to environmental protection on the two villages nearby the college. However, it was postponed due to the outbreak of the COVID-19 pandemic.

### **22) Ozone Day Celebration on 16 September 2019**

As a part of Ozone Day 2019, Sree Narayana Training College, Nedunganda conducted a seminar on 'Save Ozone, Save Earth' on 16 September 2019 at the college auditorium. The





seminar was organised for making the student teachers conscious about the concept of sustainable development and the imperative need to save our earth for our future generation. The resource person of the seminar was Sri. Sarath, a Higher Secondary teacher at MGM Model School, Varkala, and a former student of Sree Narayana Training College. He started the session by talking about the present-day life span of man and explained about the importance of ozone layer to mankind. He pointed out the need for man to lead an indigenous life in order to save the earth and the ozone layer. He reminded the student teachers that the deed of human beings should not harm any other creatures. He encouraged the audience to take a pledge to prevent ozone depletion. He also insisted the student teachers to convey the need for ozone layer protection to the children.

### **23) SUPW and Art Work Exhibition on 18 October 2019**

The College Union conducted an exhibition on SUPW and Art Works on 18 October 2019. The student teachers were made aware of the productivity of the craft works and the recycling of the waste materials. The student teachers also understood the need for improvisation of apparatus. Indeed the exhibition developed the aesthetic talents of student teachers, as well as their creativity.

### **24) Acharmela and Food Fest on 19 December 2019**

A food fest named 'Comida' was organised by the College Union 2019-'20 of Sree Narayana Training College, Nedunganda on 19 December 2019. It was an exhibition of tasteful and mouth-watering dishes. The food was prepared by various student groups of different departments. It was a fest of celebrating our own culture and heritage. Simultaneously, an exhibition, exclusively for pickles, was organised by the entrepreneurship development cell. The exhibition was called 'Acharmela'. The list of pickles ranged from a variety of mango, lemon, pineapple, dry grapes, gooseberry, fish, chicken, carrot and beetroot. There were 6 stalls of each department comprising of English, Malayalam, Social Science, Natural science, Physical Science and Mathematics and besides all these, one special food stall was made by the hostellers. Authentic dishes from regional cuisine, a few delicacies like chappathi and chicken curry, idiyappam, dosa and chutney, kappa and chicken etc. were served at the festival. There were a huge collection of sweet items and a variety of juices.

### **25) Quiz competition in relation to Martyr's Day on 30.01.2020**

The Gandhi Study Unit and College Union observed Martyr's Day in memory of the martyrs who laid down their life for India's freedom. Martyr's Day was observed on 30 January 2020 at Sree Narayana Training College, Nedunganda. The main objective of observing Martyr's Day in the college was to remember the with gratitude, the sacrifices of all the freedom fighters who gave their lives for the country, and to pay homage to the great leader, Mahatma Gandhi, who inspired millions of people with his principles of non-violence and truth. by conducting a quiz competition by setting various norms for doing so. The students for the quiz competition were selected through double selection methods.



3. COMMUNICATING WITH PERSONS OF DIFFERENT DISABILITIES:  
BRAILLE, SIGN LANGUAGE AND SPEECH TRAINING

**26) Access ramp for PH students and vision impairment students**

The college provides the special facility and care for differently abled students for their independent work and mobility. The college provides Access Ramp for physically handicapped students.

**27) Scribe is provided by the college for supporting examination**

Sree Narayana Training College, Nedunganda has a social responsibility and perception that differently abled students should be respected and treated as a normal human being. Thus they provide scribe for supporting the examination.

**28) Given explanation to the VH students using braille language**

Explanation is given to the visually handicapped students using the Braille language.

4. CAPABILITY TO DEVELOP A SEMINAR PAPER AND A RESEARCH  
PAPER: UNDERSTAND/APPRECIATE THE DIFFERENCE BETWEEN THE TWO


**29) Paper Presentation on 'Ozone Day and the Importance of Protecting Ozone Layer' on 26 July 2019**

The Nature Club of Sree Narayana Training College, Nedunganda, conducted a paper presentation on 'Ozone day and the Importance of protecting Ozone Layer' on 26 July 2019. The resource person was Ms. Neeni. The aim of the session was to spread awareness to make the young minds understand about the importance of ozone layer and the need to protect this fragile shield of gas. Through PowerPoint Presentation, the students were apprised that ozone layer is a natural part of our atmosphere and that it shields the earth from most of the sun's harmful ultraviolet radiations. UV rays could be very damaging for our planet- for plants, humans and animals. The students were also sensitised that as a result of ozone depletion, there will be increase in earth temperature, melting of glaciers, cancerous diseases and rise in the level of ocean and many more. Active and energetic participation of students was observed throughout the session. On the whole, it was a creative and interesting session, which enlightened the students and made them realise the seriousness of the situation.

**30) Paper Presentation on 'Sustainable Development Goals' on 12 August 2019**

A seminar on 'Sustainable Development Goals' was held in the college on 12 August 2019. The seminar was attended by the first year and second year students of SNTC. The resource person was Mr. Kiran who presented the paper well. The seminar focused on the goals related to the social sectors, including health and sanitation, safety nets, poverty alleviation, and their relevance in the Indian context. The presentation compared the growth, TFP and achievements of the Millennium Development Goals made in other countries, such as China,



  
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Poland, Nepal, Pakistan, Bangladesh, and differences in inter-state patterns within India. The challenges in the assessment of SDGs, such as the availability of less data, were also highlighted. He stressed the importance of the self-governing systems and that it needs to be enhanced. According to him, the micro level enhancement is the need of the time. Finally, he acknowledged that students are the reservoir of energy in every context, especially in the context of sustainable development. His session ended with an interesting and enriching Question & Answer session.

### **31) Paper Presentation on 'Skill based education' on 17 January 2020**

The IT Club Sree Narayana Training College, Nedunganda, organized a paper presentation on the topic 'Skill Based Education'. The paper presentation was led by Ms. Neethu M. G. on 17 January 2020. The session started at 11.00 am and the presentation lasted for 2 hours. The resource person covered such areas as the situation of skill-based education in India, and the reason for it to be considered as a vocational skill obtained through short-term training or courses, rather than a part of the formal education sector. She explained about such skills as part of the government's Pradhan Mantri Kaushal Vikas Yojna (PMKVY) scheme, which aimed to promote recognition and standardisation. The paper presentation proved to be highly informative to the student teachers.

### **32) Paper Presentation on 'Mass Media and Society' on 4 February 2020**

SNTC conducted a paper presentation on the topic 'Mass Media and Society' on 4 February 2020. The resource person was Ms. Mesha R. and the presentation was done effectively in the college. The purpose of the presentation was to communicate ideas on the various issues related to mass media and its impact on society and culture. Since mass media have an important role in a modern democratic society as the main channel of communication, the presentation focussed particularly on the contemporary social issues that media depicts and the impact it has on the society. The session also covered the issues related to media ethics and dwelled upon the challenges presented by media before the society.

## **5. E-CONTENT DEVELOPMENT**

### **33) Resource Talk on E-content Development on 25 February 2020**

The IT club of Sree Narayana Training College, Nedunganda organized a seminar on 25 February 2020. The class was taken by Dr. George Varghese, Assistant Professor in Education, Mount Tabor Training College, Pathanapuram. This class aimed at making an awareness on the student teachers on how to develop E-content. It was meant to make the student teachers understand the meaning and standards of E-content, learning objects, designing and development of digital resources for teaching and learning. The resource person talked about the six developmental stages of E-content. The discussion session was enriched with the interaction between the resource person and the participants.



## 6. ONLINE ASSESSMENT OF LEARNING

### 34) Online Examination through google platform

The teachers at Sree Narayana Training College conducted online examination to make the students aware about the writing of examination in online mode and also to evaluate their difficulties in the learning process. The teachers also evaluated the answer sheets and marks were published through online medium. As part of the online examination introduced by the University of Kerala in the revised two year B.Ed curriculum, the college took initiative in developing online examination tools for the students. Online multiple choice questions were prepared by the faculty through google form.

<https://forms.gle/57aUAiwX9WMgP1Co6>

<https://forms.gle/p4yGVNb8vrfyJ5AW9>

<https://forms.gle/G8WgXVDBO4Nse5Re6>

### 35) Online assignment

Online assignment were given by teachers of Sree Narayana Training College to the student teachers. The assignments were submitted by the students at the prescribed time period on the given topics and were evaluated by the teachers.

### 36) Online Seminar

The student teachers conducted seminars in the online mode with the help of the teachers on the given topics. It boosted their confidence level to conduct seminars through online medium.

2018-2019

## 1. CAREER AND PERSONAL COUNSELLING

### 1) Workshop on 'Soft Skill Development' on 07 July 2018

A class on Soft Skill Development was conducted on 07 July 2018 by Smt. Sangeetha N. R., Assistant Professor, Sree Narayana Training College, Nedunganda for enhancing the performance of prospective teachers. This was an effective full-day workshop for the student teachers to develop listening skills, time management, leadership qualities, interpersonal skills, communication skills and empathy. Since the workshop was provided before starting practice teaching, it was really useful for the student teachers in maintaining the interpersonal skills in schools and with their fellow teachers. Dr. Sangeetha N. R. trained the students in soft skills in a worthy way. After the discussions, the session ended with a formal vote of thanks.



  
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## **2) Activities in connection with Bridge Courses**

Sree Narayana Training College conducted bridge course for the prospective teachers as they were entering into the teacher training course after degree or post-graduate classes. The college made earnest efforts to conduct a bridge course to make the students aware and cope with the scenario of teacher training by providing them the necessary tips. The bridge course helped the students to manage with the transition from one course to a new course. Bridge course was usually conducted by teachers for the student teachers in the very first week of admission including syllabus orientation, necessary routine to be followed in the college from the morning assembly, time management, class hours and its norms, the syllabus, internal and external practical examination, scoring of marks in each semester, conscientization programmes, school-based activities, organizing seminars, practice teaching, community living camp, study tours etc. These sessions were highly effective to make them aware about their responsibilities as student teachers.

## **3) Career Orientation Programmes organized by IQAC & Career Guidance and Placement Bureau of the college**

Career Guidance and Placement Bureau of the college organized several inspiring and educative programmes throughout the year. It offered vocational guidance activities and provided opportunities for vast reading. Weekly General Knowledge Programme was conducted, which was highly beneficial for the students in equipping them to face the competitive examinations confidently. The winners were awarded with prizes every week as an encouragement. The Extempore Speech organized by the club really served as a platform for the students for expressing their views on a general social issue and for enriching their public speaking skill. 'Seminar on Online Courses' was conducted on 14.09.2018. This served as a digital knowledge platform for equipping the student teachers to travel in tune with the digital era. Online Examination Orientation organized for senior batch students helped in reducing exam anxiety and provided guidance to the students regarding the necessity of proper planning, preparing, and managing time for examinations and to prepare for online examination. Subscription of 'Thozilvartha' was very much beneficial to the students. The Inter Optional Quiz Competition conducted by the club was highly inspiring and encouraging in order to generate enthusiasm among student teachers. The club continuously served as a placement agent to our students by providing proper vocational awareness and conscientization activities on the existing educational situations. These proved to be worthy for the students to raise their vocational skills in future endeavours.

## **4) Pre-placement orientation programme and Felicitation to NET, SET, TET holders on 30 April 2019**

Online Examination Orientation organized for Senior batch students by Career Guidance and Placement Bureau of the College helped in reducing examination anxiety and provided guidance to the students regarding the necessity of proper planning, preparing and managing time for examinations and to prepare for online examination. During this year, out of the outgoing batch of ninety-one (91) students, sixty-two (62) cleared and qualified competitive



examinations including NET/SET/TET. Career Guidance Bureau organized a warm felicitation function on 30.04.2019 to these students. This programme was extended to a pre-placement orientation programme in which Dr. R. Raveendran, UGC Emeritus Professor & Former Principal, S.N. College, Sivagiri delivered the resource talk. The programme was truly a successful one with the participation of students, teachers, Management and alumni representatives.

### **5) Personal Counselling and Mentoring**

Personal counselling and mentoring by mentor teachers is a notable benefit of Sree Narayana Training College. From the very beginning of the bridge course itself, the students are equally divided and assigned to the mentor teachers for further guidance. The mentor teachers are given the freedom to listen to the students and given necessary guidelines for the competitive examinations and other achievements along with the curricular activities. The students are encouraged to participate in various sports and games, arts programmes, competitions from other colleges including artistic works, elocution competitions etc. Individualized instruction was given to the students by the mentor teachers in all respects which will surely become a support in the course. This system helped to develop healthy interpersonal relationships between the mentor and mentee.

### **6) Seminar on K-TET, SET, NET Examination Orientation on 12 October 2018**

A seminar was organized by the college on 12 October 2018 as an orientation programme for the K-TET, SET, NET Examinations aspirants in order to enhance their competitive spirit and awareness about the approach to be adopted for the examination. This included mnemonics, highlighting important points, strengthening concepts in-depth etc. The session proved to be highly useful to the students as it raised the critical thinking capacity and subject knowledge of the candidates. They got a confidence in facing the examination.

## **2. SKILL ENHANCEMENT IN ACADEMIC, TECHNICAL AND ORGANIZATIONAL ASPECTS**

### **a) Academic Aspects**

### **7) Seminar on 'Artistry in Making Prospective Teachers' organised by College Union 'Dhwani', in collaboration with CTE, South Zone, on 26 February 2019**

On 26 February 2019, Dhwani College Union of Sree Narayana Training College, Nedunganda conducted a seminar on 'Artistry in Making Prospective Teachers' in collaboration with CTE, South Zone. The resource person of the programme was Dr. Alexander Jacob, Retired Director General of Police in Kerala police. The programme aimed at preparing student teachers on how to become efficient teachers and to build a nation with young motivated minds. The session also motivated student teachers to improve their teaching skills and also to adopt right teaching methods. The session was very effective and the participation of all the student teachers made the programme a huge success.





### **8) Regional Seminar on Innovative Practices in Teaching on 27 February 2019**

Sree Narayana Training College, Nedunganda organized a one-day Regional Seminar on Innovative Practices in Teaching for student teachers on 27 February 2019. The seminar targeted student teachers to expose their novel and innovative ideas in teaching and also to witness the expertise and skill of aspiring student teachers from various teacher education institutions. The number of participants was limited to two student teachers from each college. The participants ensured their active involvement in the seminar. The seminar helped the student teachers to nourish their talents in a multidimensional perspective. The best presentations were awarded with an ever-rolling trophy, cash award and certificate of merit.

#### **b) Technical Aspects**

### **9) Seminar on 'Introduction of Educational Softwares' on 28 September 2018**

The IT Club of the College organized a class on 'Introduction of Educational Softwares' on 28 September 2018. The session was handled by the Resource person Mr. Jijan E. K., Assistant Professor, Mount Tabor Training College, Pathanapuram. He gave a detailed view on educational softwares to create an awareness of the same to the student teachers. He made the class interesting through an effective PowerPoint presentation. The interactive session proved to be highly influential to student teachers to upgrade their online skills in teaching.

#### **c) Organisational Aspects**

### **10) Celebration of World Environment Day-Planting of Saplings in College premises and on road sides and supply to students of practice teaching schools, Effective Maintenance of daily waste disposal process in the college Training for preparing paper bags, Awareness classes on different topics on Nature Protection, Training for preparing paper bags on 5 June 2018**

Sooryakanthi Nature Club of Sree Narayana Training College, Nedunganda celebrated World Environment Day on 05 June 2018. The main objective of the programme was to create awareness among the students about the importance of the preservation of the environment and to take action to protect our environment. The theme of the programme was 'Beating Plastic Pollution' and it was also the theme of the World Environment Day-2018. The major attraction of the World Environment Day observance was the planting of saplings in college premises and on road sides, and its supply to students of practice teaching schools. Effective maintenance of daily waste disposal process in the college was also the main agenda of the programme. Measures were taken for the effective and systematic disposal of both biodegradable waste and plastic wastes separately. Students, teachers and non-teaching staff took a pledge that they will not bring any plastic carry bags to the college compound and will not entertain the 'use and throw culture' especially plastic. The Environmental Day Celebration was more action oriented and it also helped the students to understand their role



and duty towards the protection of the environment. The college organized a workshop for making paper bags on 07 July 2018. It was a two-hour workshop and was effectively coordinated by the members of the Sooryakanthi Nature Club. In addition to that, an awareness class on different topics about Nature Protection was conducted by Dr. Praveen R., coordinator of Sooryakanthi Nature Club. The resource talk was very informative one. The main aim of the session was to eradicate the use of plastic kits and to enhance and promote the usage of paper bags in daily life. Paper bags were distributed in the college for later use.

**11) Observance of Gandhi Jayanthi through campus cleaning, cleaning of the locality, training in the preparation of swadeshi products, essay writing and slogan writing competitions on Gandhian principles on 02 October 2018**

The Gandhi Study Unit and College Union observed Gandhi Jayanthi through campus cleaning, cleaning of the locality, training in the preparation of swadeshi products, essay writing and slogan writing competitions based on Gandhian principles on 02 October 2018. These were organized effectively by the members of the Gandhi Study Unit. The people in the locality appreciated the activities performed by the students by cleaning the locality and donating swadeshi products. Along with this, essay writing competition and slogan writing competition were conducted by the Gandhi study unit in connection with Gandhi Jayanti. These activities were suitable enough to pave the way to transfer those ideologies to the future generations.

**12) Discussion among students on the topic 'My Favourite Film' on 17 August 2018**

The Movie Club of the Sree Narayana Training College, Nedunganda organized a discussion among students on the topic 'My Favourite Film' on 17 August 2018 at the college auditorium. The principal presided over the function. This programme created a platform for the students to know more about movies and the discussions could cover vernacular, national and international films. It helped the students to know more about the old and contemporary directors, script writers, actors, genres and new experiments in films and in film-making.

**13) Flood Relief**

The monsoon rain caused severe damage to many districts of Kerala. The massive flood resulted in the death of many people and thousands of people lost their houses and belongings. The 2018-19 College Union of Sree Narayana Training College offered a helping hand to those in need during this time. It was coordinated by Dr. Rany S., Principal of SNTC. The college provided flood relief support on 31 August 2018 which included food, clothes, utensils and other immediate needs. After collecting these materials, the teachers, students and non-teaching staff of the college went to the flood affected areas. The members of the college union, along with other students, volunteered and energetically participated in the flood relief activities.





**14) Inter Optional Quiz Competition on Energy Conservation in connection with the Ozone Day celebrations**

An Inter-Optional Quiz Competition on Energy Conservation, in connection with the Ozone Day celebrations, was conducted in the college in collaboration with the Energy Club. The student teachers of all the optional subjects participated enthusiastically in the quiz competition. The first prize was secured by Mathematics optional students, the second prize by the Physical Science optional students and third prize by the English optional students.

**15) Awareness Programme on 'Online Shopping and its Possibilities' on 6 September 2018**

Sree Narayana Training College, Nedunganda organised an Awareness Programme on 'Online Shopping and its Possibilities' on 6 September 2018. It was held as part of the career guidance and placement bureau. The objective of the programme was to create an awareness among student teachers regarding their consumer rights and protection. The main areas covered in the programme were online shopping, its pros and cons, and the things to be kept in mind before making a purchase online. It also provided the possibilities for students to learn about the wide range of job opportunities in the online shopping platforms. It was an effective awareness programme for empowering young minds to work independently.

**16) Competition on 'Mobile Photography Skills' organized by Movie Club on 13 September 2019**

Movie Club members of Sree Narayana Training College conducted a competition on mobile photography skills on 13 September 2018 based on the theme 'natural beauty'. It was a fantastic experience to the students who participated in the competitions as the mobiles were supporting their talent in photography in a tremendous way. This competition was indeed a relaxation to the tight schedule of the student teachers and it enhanced the creative capacity of the students.

**17) 'Nadanpattu' Competition organized on 1 October 2018**

The Literary Club of Sree Narayana Training College organised an Intracollegiate Nadanpattu Competition on 1 October 2018. Students from various optional subjects formed separate groups and presented different folk songs. Most of the folk songs presented were very rhythmic and an energy booster to the audience. It was an extremely an enjoyable event. This event helped the students to familiarize the folk songs of different communities, songs related to rituals, occupations etc. Students from Malayalam optional bagged the first prize and English department secured the second position.

**18) Photography Competition by IT Club of the college on 28 September 2018**

The IT club of Sree Narayana Training College, Nedunganda organised a photography competition on the topic 'Digital World' which was conducted on 28 September 2018. Many students actively participated in the programme and contributed photographs related to the theme. It helped the student teachers to exhibit their talents in photography and also made



them aware about the merits and demerits of the digital world. Prizes and certificates were also distributed to the best photography and the students of IT club took initiative in making the programme a huge success.

**19) Debate on 'Women Entry in Sabarimala' organized by Women's Study Unit on 12 October 2018**

Sree Narayana Training College, Nedunganda, Varkala conducted a debate on 'Women Entry in Sabarimala' on 12 October 2018. The debate programme was organized by the Women's Study Unit of SNTC. On 28 September 2018, 4:1 majority held that the prohibition of women at the Sabarimala Temple is unconstitutional. The debate in the Hindu community and the ongoing hearing in the Supreme Court over allowing women belonging to the 10-50 age group to enter the Lord Ayyappa temple at Sabarimala has seemingly changed the existing equations within Hindu organisations. This resulted in controversial situations within Kerala. Thus, the debate organised by the Women's Study Unit was very relevant and successfully done by the students of the college. The participation of all made the programme a great success.

**20) Programme of Kaviyarrangu entitled 'Asansmrithy' on 25 October 2018**

On 25 October 2018, the Literary Club of the college organized a programme in connection with Kumaran Asan, who was a famous romantic poet. Sri. Kumaran Asan was the disciple of Sree Narayana Guru and he led many reformation movements along with Guru. His famous work Chandalabhishuki was an eye-opener to the people who were lunatic with caste feelings, followed by Veenapoovu. So many student teachers participated in the kaviyarrangu and it was an enthralling experience to the whole college.

**21) Elocution Competition on Social Issues on 08 November 2018**

Career guidance and placement bureau of the college conducted an elocution competition on 08 November 2018 on the topic 'Social issues'. Various students from different optional participated in the elocution competitions and they performed well in it. The students included numerous social issues prevailing in the contemporary world as women harassment, dowry problems, alcoholism, drug addictions, bribery, terrorism etc. As young generation, they were very interested in the checking of these social issues and they tried their best to prevent it as student teachers. This elocution competition proved to be a worthwhile endeavour of the club to develop and awareness about the social issues which are really cancerous to the society.

**22) Awareness Class on Vermi Compost Making and Honey Bee Rearing organized on 08 November 2018**

Entrepreneurship Club of Sree Narayana Training College Nedunganda, started a blog [merakisntc2018.blogspot.com](http://merakisntc2018.blogspot.com) on 08.11.2018 to enhance the entrepreneurship ideas of the students. This club was named as Meraki, which means enhancing the creative capacity of students. So many posts related to entrepreneurs such as rearing of apis, compost making





using earthworm, craft materials from waste materials etc. were done in the blog. An awareness class on the rearing of apes and vermin compost making was done by Sri Shajin S, student of Department of Natural Science and he explained it in a very good manner. It will certainly be a good stepping stone for the new entrepreneurs.

### **23) Aids Day on 1 December 2018**

The health club of Sree Narayana Training college, Nedunganda, celebrated Aids Day on 1 December 2018. The day provided opportunity for student teachers to spread awareness about the symptoms, causes and preventives of HIV/AIDS that has taken unprecedented number of lives. All the student teachers and faculty members wore red ribbons to raise awareness about AIDS. A slogan writing competition was also organised in which the student teachers highlighted the causes and prevention of this disease. At the end of the programme, the students pledged to remain away from this disease and follow all the useful instructions.

### **24) Awareness Programmes conducted by the Energy Club**

An Optional wise Performance-based Competition on 'Energy Conservation' was organised by the Energy Club of the college, where the student teachers needed to express the theme of Energy Conservation in any of the performance-based art forms. The programme witnessed creative activities performed by the students. All the optional subjects exhibited enchanting performances in the form of mimes, speeches, skits and dance drama, conveying the message of energy conservation in a skilful manner. The programme provided students with the opportunity to engage the mind, the body and emotions into a collaborative expression of all that it means to be human. Through this, the students explored and presented the theme in an innovative manner. Mathematics optional bagged the first prize for their performance through creative dance drama. An Inter-Optional Quiz Competition on Energy Conservation, in connection with the Ozone Day celebrations was conducted in the college in collaboration with the Energy Club. The student teachers of all the optional subjects participated enthusiastically in the quiz competition. The first prize was secured by Mathematics optional students, the second prize by the Physical Science optional students and third prize by the English optional students. A Community Survey on Energy Literacy and a Conscientisation Session was conducted in the locality of the college on 03 October 2019. In an age when the effects of poor energy management and pollution are beginning to be felt with increasing intensity, it is urgent to make efforts to empower people and bring them to change their energy consumption habits. So the survey was intended to examine the extent of understanding of the people of the locality on the nature and role of energy in their daily lives. The main objective of the survey was to assess the levels of energy knowledge, sensitivity to the need to adopt energy-saving behaviours and citizens' energy decisions, or by assessing financial and investment knowledge applied to energy issues. It also focused on getting feedback and collecting the opinion from the residents in the community about energy conservation. The people of the locality participated enthusiastically in the survey and shared their views. It was found that the levels of energy literacy of the people were low. This was attributed mainly due to their lack of commitment to energy saving. This was followed by a



Conscientisation Session, through which the people were made aware of the need to conserve energy and make wise use of it. The session could make a positive influence on the energy literacy levels in people. It also made people capable enough to make the best energy-related decisions in future.

**25) Training programme on the preparation of Swadeshi products such as washing powder and toilet lotion**

Gandhi club of SNTC organized an training session and a workshop on preparation of cleaning lotion and washing powder with a view to create an environment of hygiene and cleanliness in college campus and make the students self-efficient in their daily life. The activities of the club mainly included awareness sessions, presentation of lotion, washing powder, toilet soap and dish wash from the swadeshi products. The programmes of the club were systematically co-ordinated by the student members and the Staff coordinator of the unit Dr. Sangeetha N. R. The active participation of the club members keeps the club buzzing with activities throughout the year.

**26) Seminar on 'Awareness on Sexual exploitation among adolescents', on 11 October 2018**

Women's Study unit of Sree Narayana Training College, Nedunganda organised a seminar on the topic 'Awareness on Sexual Exploitation among adolescents' on International Women's day on 8 March 2019. The Principal of the college presided over the function. The members of Women Study unit delivered the welcome and vote of thanks. The Resource person was also the member of Women Study unit. The resource talk helped the students to get more information regarding the patriarchal structure exists in the society and how does this structure paves the way to the sexual exploitation and sexual objectification of women body. The talk also enlightened the students that sexual exploitation is happening in among the adolescence irrespective of gender.

**27) Discussion on the 'Trends in World Cinema' by Movie Club of the College**

The film industry is constantly evolving and growing, incorporating new techniques and revisiting trends to bring older techniques back to life. The movie club of Sree Narayana Training College conducted a discussion on the topic 'Trends in World Cinema' to help students to know more about the newest techniques and wide range of social commentary on films. The discussion started with a video presentation that showed various newest cinematic trends. It was an informative and interesting discussion that delved into the evolving film industry where we can see the increase in diversity. Many students actively participated in the discussion by sharing their knowledge and ideas. This session explored the trends and changes affecting the current landscape of the film industry.





### **3. COMMUNICATING WITH PERSONS OF DIFFERENT DISABILITIES: BRAILLE, SIGN LANGUAGE AND SPEECH TRAINING**

#### **28) Institutional Visit to C.H. Mohammed Koya Memorial State Institute for Mentally Challenged on 4 July 2018**

As part of the curricular activities during the academic year 2018-'19, the faculty and students of Sree Narayana Training College, Nedunganda had an institutional visit to C.H. Mohammed Koya Memorial State Institute for Mentally Challenged (SIMC) on 4 July 2018. SIMC is an autonomous society registered on 23 December 1995 under the charitable society's Registration Act, 1995. SMIC has its headquarters at Pangappara and is governed by a general council and an executive council. The minister in charge of General Education is the chairman and Secretary, General Education is the vice chairman. The institution provides services like special school and hostel, vocational training centre, diploma courses, early intervention unit, physiotherapy, occupational theory, speech therapy, parents training programmes, library, curriculum training for special teachers etc.

As part of B.Ed. curriculum, inclusive education is an inevitable topic to be imbibed and hence, the college conducted an institutional field visit to SIMC for gaining first-hand experience. Of the core objectives of SIMC, the provision for vocational education has prime importance and the institute offers various kind of skill and competencies development programmes according to their capabilities. The student teachers had a good interactive session with the talented little souls there and got a vivid idea of their behaviours, routines, aptitudes, skills etc. The facilities and care provided by the authorities and staff were worth mentioning. Considering the privacy concerns of the disabled students, photography and videography were strictly prohibited inside SIMC's premises. The institutional visit was a nice experience as it paved the way for better insight of student teachers about differently abled students and institutions functioning for their welfare.

### **4. CAPABILITY TO DEVELOP A SEMINAR PAPER AND A RESEARCH PAPER; UNDERSTAND/APPRECIATE THE DIFFERENCE BETWEEN THE TWO**

#### **29) Presentation of papers by students on the 'Various projects executed by KSEB for energy conservation' by Energy Club of the College on 15 November 2018**

A paper presentation was conducted on 'Various Projects executed by KSEB for Energy Conservation' on 15 November 2018. Ms. Sholi L. K. of Physical Science optional presented a paper on the various projects executed by KSEB for energy conservation. Following this, Mr. Manu J. of English optional presented a paper on the 'SOURA Project', which is a subsidy scheme put forward by the Ministry of New and Renewable Energy (MNRE). In line with the phase II subsidy program of MNRE and with the approval of state government, KSEB initiated the subsidy program for our domestic consumers. In this subsidy initiative, KSEB introduce three special models (Kerala models) apart from the normal subsidy model. All three Kerala models are based on the average consumption of the consumer and it aims to



give financial support to the weaker section there by making them green energy partner of the state. These three Kerala models were elaborated to the students through the paper presentation. The fact that KSEB initiated this project with the intention to ensure energy efficiency in a bid to reduce global warming, enhanced the value of the project.

### **30) Paper Presentation on 'Communication to enrich interpersonal relations' on 1 February 2019**

Interpersonal relationships are very essential in every walks of life. As for a school or college student, it is very essential to maintain a good interpersonal relationship with others. There must be a smooth relationship inside the class between the students, teacher and students, teacher and head of the institution, teacher with non-teaching staff, community etc. So, in order to make a thoroughness in this idea, the college conducted a paper presentation on the importance of communication to enrich interpersonal relations, as communication is a strong factor which influence the personal relations in all areas including personal and external. The paper presentation was conducted by Ms. Priyanka R on 1 February 2019. The session mentioned even the beginning of first and Second World War due to the negative thoughts and communication errors by leaders. So we must be very cautious to maintain a healthy relationship in every walks of life. The session is enriched with a discussion at the end.

## **5. E-CONTENT DEVELOPMENT**

### **31) Workshop on E-Content Development on 3 October 2018**

As a part of B.Ed. curricular activities in the year 2018, a workshop on e-content development was conducted at Sree Narayana Training College Nedunganda on 3 October 2018. Smt. Chitra S., Assistant Professor of SNTC, Nedunganda was the resource person of the programme. E- content development was an important topic in the general paper 'Technology and Communication in Education'. To provide a comprehensive and in-depth knowledge and understanding on e-content development- concept and practical aspects, the resource person taught various tools and techniques involved in e-content development with special mention to ADDIE model. E-content is a component of digital education designed to support both the teachers and students in transferring and acquiring knowledge remotely as well as face to face. An e-content can include text, images, videos, AR/VR, gamification elements and other engaging materials that aids in effective teaching learning process. After the workshop, the student teachers developed e-content on their optional topics to get righteous practical knowledge on the topic. The workshop was well organised and well executed to accomplish its predetermined objectives.

## **6. ONLINE ASSESSMENT OF LEARNING**

### **32) Google Form for Online Assessment Process**

As a part of revised B.Ed. curriculum 2015, online examination was conducted by the teachers. It was designed to implement the online examination system which helped to test





the learning process accurately and assess students' knowledge in a wide variety of subjects. Teachers prepare MCQ and create link for online examination. It made tests more dynamic and helped simultaneous evaluation for a large group of students. Link created for the google forms of online examinations are as follows :

<https://forms.gle/MzKzYA5PH7USihN97>

<https://forms.gle/JuCqfRau2Tsftd257>

2017-2018

## 1. CAREER AND PERSONAL COUNSELLING

### 1) **Soft skill development on 14 June 2017**

Soft Skill training workshop was conducted by Dr. Sangeetha N.R., Assistant Professor, Sree Narayana Training College, Nedunganda as a part of capacity development programme for enhancing the performance of prospective teachers on 14.06.2017. This session concentrated on the development of interpersonal skills, communication skills, listening skills, time management etc. of the student teachers. This workshop proved to be an important one in training the student teachers to cope with their teaching practice. The session ended with a formal vote of thanks.

### 2) **Yoga and Meditation on 19 June 2017**

Yoga and meditation were conducted on the college by Physical Education Department on daily basis since Sree Narayana Training College is very concerned about the mental as well as physical health of the students. This increases good health, mental hygiene, emotional stability, moral values, higher level of consciousness among the student teachers, which proved to be highly useful in handling the classes in their practice teaching schools and future teaching fields. Yoga, pranayama and meditation were handled by Certified Trainer in Yoga, Sri. Amjith S, Assistant professor in Physical Education of the college, on a daily basis. This helped in the adjustment of the students in all fields, particularly in their class handling sessions. A training programme was arranged for Meditation on 19.06.2017 in order to make them aware about the positive vibe they will gain in the session.

### 3) **Personal Counselling and Mentoring on 23 June 2017**

Mentoring is provided to the students from the very beginning of the course itself. Here the student teachers are divided into ten equal groups and are allotted to the teachers by lottery method. Sree Narayana Training College, as a usual procedure, started this mentoring on 23.06.2017. The mentor teacher is in charge of the personalized instruction to be adopted to their mentee. This proved to be effective in the life of every mentee to prepare them to face the challenging situations in life. The overall performance of the mentee under each mentor teacher is being monitored, and the mentors, directly as well as indirectly, help the students in different ways.



**4) Resource Talks organized on 'Need of First aid in General life' on 10 August 2017**

Sree Narayana Training College gives all-round training to the students and based on this, the college arranged a Resource Talk on 'Need of First Aid in General Life' on 10.08.2017 as a part of the Community living Camp. This indeed proved to be an asset in the life of student teachers, as it mainly focuses on the general awareness of a teacher to get an experience in handling such an emergency in future. The session was handled by Prof. R.S Balakrishna Kurup, Principal, M.M. Teacher Training College, Vilakudi. In this, he mentioned about the first aid they have to do while facing a fire, snake bite and drowning conditions. In this session, he showed how to give artificial breath, C.P.R. and to tie while during a snake bite etc. The session was highly effective. The interaction of the students proved that the class was very effective one for them.

**5) Resource Talks organized on 'Legal aspects related to students' on 10 September 2017**

The Community living camp of Sree Narayana Training College concentrate highly on the development of awareness of student in various life related areas and hence they utilize residential hours in a maximum way. In such a camp, one of the most benefitted sessions was the resource talk organised on 'Legal aspects related to students' on 10.09.2017. The resource person was Sri. Safi Mohan M. R., Associate Professor, Government Law College, Thiruvananthapuram. He handled the session very effectively by pointing out the rights, duties etc mentioned in the Indian Constitution and the prohibition of Child labour and juvenile justice etc. The class provided a general awareness to the student teachers about the subject concerned and it was very worthwhile. The session winded up by providing feedback and vote of thanks.

**6) Career Orientation Programmes organized by Career Guidance and Placement Bureau of the college**

Career Guidance and Placement Bureau of the College organized several inspiring and educative programmes throughout the year. Club offers vocational guidance and job assurance activities. Weekly G K Programme was one among them to meet Competitive Examinations through opening an avenue for their vast reading. The winners were awarded with prizes every week as an encouragement. The Extempore Speech organized by the Club helped to think about various social issues and enrich their public speaking skill. Subscription of "Thozilvartha" was beneficial to the students. The Club continuously serves as a Placement agent to our students by providing vocational awareness and to raise their vocational skills in future endeavours.

**7) Seminar on 'Online Exam Orientation' on 05 December 2017**

Seminar on 'Online Exam Orientation' on 05.12.2017, conducted by the college and career guidance and placement bureau of the college, served as a digital knowledge platform for equipping the student teachers to face the online examination both outside and course related



  
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fourth semester online examination. Online Examination Orientation session helped to reduce the examination anxiety of the senior batch students, and they were provided with necessary guidance for proper planning, preparing, and managing time for examinations and to prepare for online examination. The programme was truly a successful one with the participation of Management, Alumni students, and outside participants.

2. **SKILL ENHANCEMENT IN ACADEMIC, TECHNICAL AND ORGANIZATIONAL ASPECTS**

a) **Academic Aspects**

**8) Workshop on Minor Research Project of Two Year B.Ed. Curriculum on 04 Dec 2017**

Minor Research project was introduced in third semester by University of Kerala in 2017. This was entirely a new area for the students which are different from their routine studies. So the teachers of the college arranged a workshop on minor research project to get awareness about it on 4 Dec 2017. In this, the students were asked to write five titles by their own and in the workshop, the teacher trainees and student teachers discussed the title among each other. Some of the topics were modified, some were deleted and some were accepted by the group. At the end of the workshop, the students developed mastery to write a title for research, the procedure for writing questionnaire, and the necessary statistics for the respective topics. The session was highly effective and ended after vote of thanks from the students.

**9) Resource Talk on 'Nano Technology' by Kerala State Council for Science, Technology and Environment on 27 February 2018**

Sree Narayana Training college, Nedunganda organised a resource talk on the topic 'Nanotechnology' on 27 February 2018 by Dr. Raveendran, Retired Professor of Sree Narayana College, Kollam. The welcome address of the session was presented by the Principal, Sree Narayana Training College, Nedunganda. The resource person stated the importance of Nanotechnology which is a multidisciplinary natural science education with courses such as physics, chemistry, mathematics and molecular biology. In recent years, there has been a growing interest in grade schools, especially at the high school level. Hence he stressed the significant role of Nanotechnology and its benefits. These were clearly seen in the domain of education as they render the educational process faster and easier to cope with both the students and teachers. Vote of thanks of the session is done by Sreelekshmi from the Department of Natural Science.

**10) Resource Talk on 'Green Chemistry' by Kerala State Council for Science, Technology and Environment on 28 February 2018**

Sree Narayana Training College, Nedunganda organised a resource talk on 'Green Chemistry' by Kerala State Council for Science and Technology and Environment on 28



February 2018. Resource talk was presented by Dr. Shibi I. G, Retd. Professor, Sree Narayana College, Kollam. Welcome address of the programme was done by Ashtami from the Department of Natural Science. The resource person introduced the main objective of Green Chemistry in the field of education as to foster and improve scientific literacy in sustainability and to develop the corresponding skills among the present and future generations. He also defined Green Chemistry as the design of chemical products and processes that reduces or eliminate the use and generation of hazardous substance. He added that through scientific research and Green Chemistry, chemists can not only help to clean up the planet but also keep pollution from happening in the first place. The session enhanced the awareness of student teachers to incorporate the efficient use of Green Chemistry in the field of education and to pass on to generations for a sustainable tomorrow. Vote of thanks was done by Keerthana from the Department of Natural Science.

**11) Resource Talks organized on 'Alternative Education and its present significance' on 11 December 2017**

Union of the College on 11 December 2017 conducted a resource talk on 'Alternative Education and its present significance'. The talk was conducted by the National Child Artist Winner of 2012, Sri Minon. He well explained the need for alternative education in the society and condemned for the strict curriculum followed in the schools and college without considering the natural capacity of the students. As per his words, it was certainly a cheating over a child, not to allow him to develop his natural potentialities. Alternative schools were exemplified with students who secured in the life due to his own efforts. As per his recommendations, a child centred approach should be made in the schools to make the school atmosphere conducive.

**12) Resource Talks organized on 'Utharadhunika Malayalathil' on 23 November 2017**

Post modernism is an intellectual mode of discourse which is characterized by self referentiality, epistemological relativism, moral relativism, pluralism, irony irreverence and eclecticism. Uttaradhunika malayalathil was a resource talk by Dr. Thara Ajith, Assistant Professor, Sree Sankaracharya Sanskrit University, organized by Department of Malayalam on 23.11.2017. It was a new avenue to the student teachers to discuss about such postmodernism in the Kerala culture and in language. The student teachers quite appreciated the seminar by engaging and clarifying the doubts with the resource person.

**13) Resource Talk on 'Learning through Magic' on 10 February 2018**

A resource talk was organized on 'learning through magic' by the department of Physical Science on 10.02.2018. The resource person was Sri Haris Taha, magician and environmentalist. Welcome address was done by Mr. Arocki A and the magician opened an enchanting class before the audience. Even if the science students knew how the reactions happen, they were also amazed by the performance of the magician. The entry of the magician was also a captivating one, as he entered by making cracking sound in the floor.





The cracking sound was made by potassium iodide in ammonium hydroxide and the crack only occurs when one applies pressure on it. The notable ones were the bleeding from the hands as a knife touch on the hands, due to the reaction of ferric chloride with potassium thiocyanate. Likewise, he turned clean water into milk by the chemical reaction of passing of carbon dioxide gas through lime water. He first made astonishment in the face of audience by showing the magic and later explained the reactions of chemistry behind in a simple way. This resource talk led the science students to find out an innovative method of teaching by themselves. It was a highly useful session for the entire prospective teachers.

#### **b) Technical Aspects**

##### **14) Inauguration of blog creation organised by Entrepreneurship Club on 27 August 2017**

Entrepreneurship Club of Sree Narayana Training College Nedunganda started a blog merakisntc2017.blogspot.com on 27.08.2017 to enhance the entrepreneurship ideas of the students. This club was named as meraki, which means enhancing the creative capacity of students. It was officially inaugurated by Dr. Pramod G. Nair, Assistant Professor in Social Science, Sree Narayana Training College and a logo was also opened by him. He mentioned about the need of the club and its capacity to motivate the young student teachers to start their entrepreneurial ventures. This paved the way to post useful matters related to entrepreneur such as rearing of apis, compost making using earthworm, craft materials from waste materials etc. The training sessions which were adopted from YouTube were also uploaded in the blog which certainly raised the vocational skills of the student teachers.

#### **c) Organisational Aspects**

##### **15) Seminar on 'Ecofeminism' organized by Women's Study Unit on 6 July 2017**

As per the demands of the students, Women's study unit of the college conducted a seminar on the topic 'Eco-Feminism' on 6 June 2017. The class was conducted by Smt. Sindhya V., Assistant Professor, Department of Education, Thiruvananthapuram. She explained clearly about the meaning of the word Ecofeminism and mentioned Ecofeminism as a branch of feminism and political ecology and it drew the concept of gender to analyse the relationships between humans and the natural world. This term was coined by French writer Francoise d'Eabonne in her book Le Feminisme ou la Mort in 1974. The session was informative for the students. They clarified their doubts with the resource person and the session was useful for the student teachers.

##### **16) Programme organized by Sree Narayana Study Centre- 'An In-depth Analysis and Interpretation of 'Daivadasakam' on 1 August 2017**

Sree Narayana Training College on 1 August 2017 conducted a programme for explaining Daivadasakam which was a prayer penned by the renowned spiritual leader and social reformer Sree Narayana Guru. Sree Narayana Guru was the leading spirit of the college and



  
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every day begins in the college by the prayer of Daivadasakam. Sri. Praveen R. gave a detailed yet simplified knowledge on the ten verses. Meaning of each verses were explained by him and he also gave a brief history of Narayana Guru and the background of writing this prayer. He clarified the doubts of students during the interactive session. This interactive and informative programme helped the students to realize the true essence of the poem.

**17) Discussion on the 'Trends in World Cinema' organized by Film Club on 18 October 2017**

The movie club of Sree Narayana Training College conducted a discussion on the topic 'Trends in World Cinema' on 18 October 2017 to help students to know more about the newest techniques and wide range of social commentary on films. The film industry is constantly growing, incorporating new techniques and revisiting trends to bring older techniques back to life. The discussion started with a video presentation that showed various latest cinematic trends. It was an informative and interesting discussion that developed into the evolving film industry where we can see the increase in diversity. Many students actively participated in the discussion by sharing their knowledge and ideas. This session explored the trends and changes affecting the current landscape of the film industry.

**18) Celebration of Water Day-2018 with awareness classes, poster presentation on 22 March 2018**

An awareness class was conducted by Sooryakanthi Nature Club on 22 March 2018 in relation to the Water Day to make the students aware about the scarcity of potable water in the world. The class was conducted by Ms. Abhaya of Natural Science. Since water is being polluted by various means, and it is our duty to preserve water for the future generation, the awareness class pointed out the need to keep fresh water clean and explained how it becomes a threat to the future generations, if kept polluted. The student teachers cleared their doubts about the water act mentioned by the resource person. Along with the awareness class, a poster presentation was also done to make them realize about the present situation.

**3. COMMUNICATING WITH PERSONS OF DIFFERENT DISABILITIES:  
BRAILLE, SIGN LANGUAGE AND SPEECH TRAINING**

**19) Institutional Visit – Light to Blind School on 13 August 2017**

Students of Sree Narayana Training College Nedunganda organised a school visit on 13 August 2017. With the permission of head of the institution and as a part of B.Ed. curriculum, students were undertaking case studies based on inclusive education. The school was located at Sivagiri, Varkala. The main objective of the visit was to get real experiences and to meet differently abled children which help to bring a ray of light into the lives of children and the student teachers to get righteous experiences. Senior faculty of the school provided student teachers with ample information regarding inclusive education which are designed for all children to participate and learn new experiences. This provided the student teachers to encourage contacts between specially abled children focusing on their special needs. It





developed active learning, prompt feedback and to respect diversity of talent and learning in student teachers.

4. CAPABILITY TO DEVELOP A SEMINAR PAPER AND A RESEARCH PAPER; UNDERSTAND/APPRECIATE THE DIFFERENCE BETWEEN THE TWO

**20) Paper Presentation on Environmental Day on 5 June 2017**

Environmental Day is celebrated every year in the college with wide celebrations. It has grown into a global platform for rising environmental awareness and spurring environmental action. Kavya S. Anand, student teacher of the college presented a paper on environmental day on 5 June 2017, which was directed by the UNEP. In the paper, Kavya focused about the theme of the year, covered issues regarding the pollution of environment particularly marine pollution, global warming etc. She mentioned about the ill effects which we will face in the future if we continue to use plastics in this vast manner. Kavya raised a question before the audience how long we get pure water in this form? It was a thought provoking question to the audience and they finally ended the session by taking a vow to protect earth at any cost and to transfer the idea of protection of environment in the mind of their students. The session was highly useful for the student teachers as well as the teacher educators.

**21) Paper Presentation on 'Digital Initiatives in Higher Education' on 6 March 2019**

Sree Narayana Training College, Nedunganda, Varkala conducted a paper presentation on the topic 'Digital initiatives in Higher Education' on 6 March 2018. The session started at 10 am and it was led by Miss. Silpa. L.S. The presentation described the different digital initiatives in higher education and their impact on the education sector. By taking various Digital Initiatives in Higher Education, the MHRD works for the development of the basic infrastructure of the Higher Education Sector. The resource person pointed that the National Mission on Education through ICT had made some developments in IT to change the scenario of Higher education. The presentation also provided information regarding the initiatives like National Digital Library, SWAYAM, Virtual Labs, NMEICT etc. Various digital initiatives in higher education have been created to improve the quality of education and transfer the power of technology. Thus the session was very useful for the students. The session winded up at 11.30 am after the question-answer session.

